



**WESTPORT
CONTINUING
EDUCATION**

**WINTER ~ SPRING
2012**

Westport Continuing Education • Winter/Spring 2012 Catalog

Westport Continuing Education
Serving you for over 50 years
Staples High School • Room 1040
70 North Avenue
Westport, CT 06880

ADULTS AND KIDS K-12

WELCOME!

Residents and non-residents are welcome to register for our programs.

REGISTRATION PROCEDURES GENERAL INFORMATION POLICIES:

See inside back cover.

OFFICE PHONE: 203•341•1209

EMAIL ADDRESS:

conted@westport.k12.ct.us

FAX: 203•341•1218

WEBSITE:

www.westportcontinuinged.com

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WESTPORT PUBLIC SCHOOLS
DR. ELLIOTT LANDON,
SUPERINTENDENT

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Elaine Whitney

Michael Gordon

Jennifer Tooker

Watch for all of our CATALOGS!

- **Summer** – in March
- **Fall** – in August
- **Winter/Spring** – in December

This Catalog is available in large print upon request.

Dear Neighbor:

Winter is an excellent time for us all to grow!! Participating in a Westport Continuing Education class or activity will help you to expand your horizons and challenge you to learn something new. As we learn something novel our brains regenerate. Education in any area stimulates the brain; thus, makes your brain stronger. We offer a comprehensive enrichment program designed to promote life long learning for



“all ages.” Our highly qualified staff is excited to share their expertise and enthusiasm with you and your children. I am excited about the broad range of opportunities available for everyone to participate. We are delighted to offer you the latest software classes such as MS Office 2010, Quicken and QuickBooks 2011.

If you know someone who does not have their high school diploma, or would like to improve their ability to read, write, or speak English, share this catalog with them.

Expect great things from Westport Continuing Education. We do!!

I hope that you will use this catalog as a handy reference over the next few months. Please let me know if I can do anything to enhance your time with us. We look forward to your participation. Until next time....

Cordially,

Barbara C. Pitcher, Director

CLASS LOCATIONS

SHS	Staples High School, 70 North Avenue
BMS	Bedford Middle School, 88 North Avenue
CMS	Coleytown Middle School, 255 North Avenue
CES	Coleytown Elementary School, 65 Easton Road
GFS	Greens Farms Elementary School, 17 Morningside Drive South
KHS	King's Highway Elementary School, 125 Post Road West
LLS	Long Lots Elementary School, 13 Hyde Lane
SES	Saugatuck Elementary School, 170 Riverside Avenue
UMC	United Methodist Church, 49 Weston Road
SC	Westport Center for Senior Activities, 21 Imperial Avenue
CS	1 Canal Street (Westport Public Schools - Facilities Dept.)
WL	Wilton Library, 137 Old Ridgefield Road, Wilton, CT

REGISTER ONLINE! • www.westportcontinuinged.com

Open to the Public: Mon-Thurs 10:00 am-Noon and 1:30-8:30 pm • Friday 10:00 am-4:00 pm

Welcome to Our Winter/Spring 2012 Catalog!

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et200 Online Courses see p 20

**Adult Basic Education (ABE)
General Education Development (GED)
English for Speakers of Other Languages (ESOL)
American Citizenship
~ Classes and Materials are free ~**

WHO IS ELIGIBLE:

Notice – Effective July 1, 2011

**ADULT MINIMUM AGE
FOR ENROLLMENT REQUIREMENT
17 YEARS OF AGE**

You must register in person with a completed official withdrawal form from your previous high school including administrator/school counselor and parent/guardian signature.

In order to enroll in ABE, GED, ESOL and American Citizenship, you must be a:

- resident of Westport, Weston or Wilton OR
- town employee of Westport, Weston or Wilton OR
- live-in employee (e.g., au pair or caretaker) of a resident of Westport, Weston or Wilton.

If a person works in Westport, Weston or Wilton and does not fall under the categories listed above, **they will not be eligible to register** for the mandated programs.

PROCEDURE:

You must register in-person for ABE, GED, ESOL and American Citizenship.

Registration and placement assessment testing will be administered to students to determine appropriate class level on the following dates at the locations indicated:

DATES	TIMES	LOCATIONS
Jan 18, 2012	6:30-8:30 pm	Staples High School 70 North Ave, Westport
Jan 18, 2012	9:30-11:00 am	Wilton Library 137 Old Ridgefield Rd, Wilton
Jan 19, 2012	9:30-11:00 am	United Methodist Church 49 Weston Rd, Westport
Jan 19, 2012	6:30-8:30 pm	Staples High School 70 North Ave, Westport

REGISTRATION REQUIREMENTS:

- Each registrant must provide proof of age (birth certificate, passport, or CT ID)
- Residents of Westport, Weston or Wilton must submit proof of residency as evidenced by the following:

Owner:

- Copy of the deed, mortgage, or sales contract
- Current driver's license or Passport
- Two current utility bills (gas, electric, oil or cable)

Tenant:

- Copy of lease or rental agreement
- Current driver's license or passport
- Two current utility bills (gas, electric, oil or cable)

- Town employees of Westport, Weston or Wilton must submit:

- Copy of most recent payroll stub

- Live-in employees (e.g. nanny, caretaker) in Westport, Weston, or Wilton:

- Must be accompanied by their employer at registration

- Employer will need to show proof of residency listed above

- Employer will need to sign an affidavit stating this individual works for them.

- Adult Basic Education and GED registrants under 18 years of age must also provide proof of withdrawal from their previous high school.

ABE, GED, American Citizenship and ESOL classes are free to eligible students.

**Did you know . . .
our ESOL students
represent more than
29 countries!**

Adult Basic Education (ABE)

Adult Basic Education (ABE): Basic Skills ~ English and Math

This course is for adults who want to learn basic reading, writing and math skills. You will improve your life skills and can prepare to enter a high school completion program such as GED preparation classes. Eligible persons (based on the residency tests set out above) may enroll at any time during the semester.

English – Monday and Wednesday (begin Mon • Jan 30) • 8:00-9:30 pm • Staples High School Room 1049

Math – Tuesday and Thursday (begin Tues • Jan 31) • 6:30-8:00 pm • Staples High School Room 1049

General Education Development (GED)

General Education Development (GED) Classes

This program prepares students to pass the 5-part exam to earn a State of Connecticut diploma. Students receive necessary instruction in each subject area and can sign-up to take the practice GED tests.

English – Monday and Wednesday (begin Mon • Jan 30)

6:30-8:00 pm

Staples High School Room 1049

Math – Tuesday and Thursday (begin Tues • Jan 31)

8:00-9:30 pm

Staples High School Room 1049

Science – Monday (begin Mon • Jan 30)

8:00-9:30 pm

Staples High School Room 1047

Social Studies – Thursday (begin Thur • Feb 2)

6:30-8:00 pm

Staples High School Room 2028

GED Test Accommodations/Transcript

Accommodations on the GED test are available for qualified individuals with a disability. For more information, contact Ajit Gopalakrishnan, Connecticut State Department of Education, Bureau of Career and Adult Education at (860) 807-2110/2111 or email at ajit.gopalakrishnan@ct.gov.

Students who would like a copy of their transcript must submit a transcript request form to :

Ajit Gopalakrishnan

Connecticut Department of Education

Bureau of Career and Adult Education

25 Industrial Park Road

Middletown, CT 06457

GED Test

To register for the GED exam, students must be 17 years old and officially withdrawn from school for 6 months or their 9th grade class must have graduated.

The GED exam is given monthly at locations throughout the state. Staples High School is NOT a test site but students can register for the exam through Westport Continuing Education. Call (203) 341-1209 to make an appointment to meet with the registrar. You must apply in person at least 6 weeks prior to the desired test dates. Be sure to bring a photo ID. Applicants who are 21 years of age or older and not a veteran must pay an initial fee of \$13 to take the test. The fee to retake or reapply for the test is also \$13. These fees include the cost of the diploma. Applicants under the age of 21 and veterans who have served at least 181 days of active duty at the time of registration are exempt from fees. All fees are non-refundable and must be paid at the time of registration. Fees must be paid in money order or bank check payable to Westport Continuing Education.

English Classes

English for Speakers of Other Languages (ESOL):

Three levels of instruction are offered -- placement is determined by English proficiency level testing done at the time of registration.

Evening Classes ~ Beginner, Intermediate and Advanced

Staples High School - Monday and Wednesday (begin

Monday • Jan 30) from 7:15-9:15 pm

- **Beginner – Room 1051**
- **Intermediate – Room 1055**
- **Advanced – Room 1052**

Daytime Classes ~ Intermediate/Advanced

Wilton Library - Monday and Wednesday (begin

Mon • Jan 30) from 9:30-11:30 am - Classroom 2nd Floor

United Methodist Church - Tuesday and Thursday

(begin Tue • Jan 31) from 9:30-11:30 am - Room 23

Computer Classes

– see pages 17-20

American Citizenship

This course prepares a person to become a citizen of the United States. It includes information about the history and government of the United States, and information regarding immigration and naturalization procedures.

10 Sessions

Feb 9-Apr 26*

SHS Room 2030

Thursday

8:00-9:30 pm

***no class Feb 23, Apr 19**

Accessibility and Accommodation

Those needing assistance to gain access to classrooms or any part of our facilities should contact Barbara C. Pitcher, Director of Adult and Continuing Education at 203•341•1209 prior to the event so the necessary accommodations may be provided. The adult education program is committed to making our course offerings accessible. We will work with individuals to support their special needs. Individuals with a disability who require an accommodation in order to participate in any class, program or activity, should contact Westport Continuing Education.

Westport Continuing Education does not discriminate on the basis of race, color, national origin, gender, age, sexual orientation or disability/handicap in admission or access to or treatment of employment in its program or activities.

This notice is provided as required by Title II of the American with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. Please be advised that questions,

complaints, or requests for additional information regarding the ADA and Section 504 should be made in writing to the following:

Regarding Facilities –
Nancy J. Harris, Assistant Superintendent for Business
203•341•1001

Regarding Programs –
Cynthia Gilchrest, Director of Pupil Services
203•341•1253

Regarding Employment and Title IX –
Marjorie Cion, Director of Human Resources
203•341•1004

Any person having a complaint under the ADA should contact Barbara C. Pitcher, Director of Adult and Continuing Education, 203•341•1209, or one of the coordinators listed above, in compliance with Board of Education policy.

Careers

#228 Teacher Substitute 10 Hour Training Program

Participate in this 10 hour training conducted by experienced professional educators. This program, developed by Utah State University, focuses on preparation for work as a substitute in public or private school settings. Topics to be covered: management of student behavior, approaches to teaching, fill-in activities, and more. The class will be interactive and include real life scenarios. A certificate will be given to those who attend at least 8 of the 10 hours. (Instructor, Sarah Martin)

5 Sessions **Mar 1-29** **SHS Room 2048**
Thursday **6:30-8:30 pm** **\$89**

#054 Curious About Voice Over?

Are you interested in audio books, cartoons, documentaries, commercials, or website narration? This interactive, fun, and highly educational class is eye (and ear) opening for those interested in voice over. Learn about the voice over industry, vocal training, and marketing yourself as a voice talent, including information on recording a demo, trends, agents, and production. Read commercial and narration voice over copy, and explore some of the techniques used by top voice over pros. Is voice over for you? Come and find out! (Instructor, Randye Kaye of Edge Studio)

Tuesday • Mar 6 7:00-9:00 pm SHS Room 2046 \$69

Randye Kaye has been teaching with Edge Studios for more than 4 years. Her credits include commercials, promos, audiobooks, phone systems, websites, and narrations (medical, industrial, educational). Go to www.edgestudio.com for more information.

#303 Media/PR: Getting the Message Out About Your Business or Organization

Got News?? Wondering how to get your message out? Or how to get media coverage? Find out how in this workshop! Topics covered will include:

- media list - creation, management and contact
- news releases - writing, distribution and follow-up
- online/social media for businesses (Facebook, Twitter, blogs)
- website SEO (search engine optimization)
- web marketing and online branding
- crisis management – managing negatives
- media training and interviews – live, recorded, on camera, print

You'll leave this class with an overview and outline of what you can do to spread the word about your business, organization or event - using traditional and online methods.

(Instructor, Ann Karrick)

Tuesday • May 15 6:30-9:30 pm SHS Room 1054 \$75

Ann Karrick is a talk show host and news anchor/reporter on television and radio, as well as a marketing, media and public relations consultant who uses both traditional and online/social methods. Visit www.annkarrick.com for more information about the instructor.

Computer Classes – see pages 17-20

#168 Introduction to Drawing and Acrylic Painting

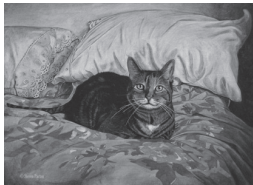
NEW

The most versatile medium in art, acrylic painting can take your creativity anywhere you want to go. The fundamentals of drawing, composition, and painting techniques are learned in a step by step process that builds confidence. Experiment with different styles as you paint still lifes, landscapes, and portraits. Learn to design in a simple clear manner from drawing to finished painting. Those who wish to draw exclusively and those whose main interest is painting are equally welcome. Materials list is available in our office and on our website. (Instructor, Steve Parton)

10 Sessions Jan 31-Apr 24* SHS Room 1004
Tuesday 7:00-9:30 pm \$229

*no class Feb 7, 21, Apr 17

Steve Parton's award winning portraits of animals and children are exhibited nationally. He was voted Best of the Gold Coast by Westport Magazine for his animal portraits. An experienced and supportive teacher, his classes draw on a career as an illustrator and designer for print, TV, Broadway, and film. To see his work, visit www.stevenparton.com



#166 Advanced Acrylic Painting

Do you have experience with acrylics and want to stretch your wings? Personal projects are encouraged. The instructor will provide guidance throughout the class. Demonstrations and discussions will help you achieve your goals. Materials and supply list is available in the office and on our website. (Instructor, Steve Parton)

10 Sessions Feb 1-Apr 25* SHS Room 1004
Wednesday 7:00-9:30 pm \$229

*no class Feb 15, 22, Apr 18

#064 Watercolor

NEW

Are you a beginner or intermediate painter who wishes to become more comfortable with the freedom of water color? Basic drawing, composition skills, and watercolor techniques will be demonstrated each week. Still life, landscape and figures will be explored in a step-by-step manner that encourages confidence. A comfortable, relaxing atmosphere will help your creative juices flow. (Instructor, Steve Parton)

10 Sessions Jan 30-Apr 9* SHS Room 1004
Monday 3:00-5:00 pm \$189

*no class Feb 20

#079S Studio Time for Artists

Opportunity for artists to work on your own projects in any medium (charcoal, watercolors, oils, acrylic, pencils, pastels); receive support from fellow artists. Bring your own materials – no instruction will be provided. (Hosted by Rudy Brucato)

8 Sessions Mar 12-May 7* SHS Room 1004
Monday 6:00-9:00 pm \$50

*no class Apr 16

#167 Intro to Drawing

Learning to draw is an important basic skill for any artist. We will train your eye's vision as you create your own. Using charcoal, pen & ink and pencils you will learn various techniques. Have fun with this, tap your inner talents. Please bring to the first class: a drawing pad, pencils #2H, HB, and 2B and a kneaded eraser. An additional supply list will be handed out in class. (Instructor, Joni Kollar)



4 Sessions Mar 20-Apr 10 SHS Room 1004
Tuesday 4:15-6:15 pm \$69

#421 Stained Glass (Beginners & Intermediate)

Do you appreciate the beauty of stained glass? Join us for a fun-filled creative experience. Beginners will learn the basics by creating a sun catcher to learn the fundamentals and then go on to create a beautiful panel of your choice. We will cover a brief history, types of glass, pattern making, cutting techniques, soldering and framing. Tools will be provided. Intermediate students will challenge yourselves with more complex patterns and improving your techniques. No experience necessary! **Materials fee of \$20 for board, frame, and pins is payable to the instructor. Sun catcher materials and materials for finished panel are extra.** (Instructor, Joni Kollar)

8 Sessions Feb 1-Apr 4* SHS Room 1008
Wednesday 6:30-9:15 pm \$149

*no class Feb 15, 22

Joni Kollar has been teaching stained glass classes for 10 years. She loves to share her passion for stained glass with her students.

#420 Mosaic Window Sash

Create a beautiful window sash with a permanent illuminating landscape scene. Semi-transparent stained glass will transform an old window sash into a masterpiece. Hang it in an existing window, on a porch or in a garden, a beautiful accent for any home. No experience necessary! **Materials fee of \$35 is payable to the instructor.** (Instructor, Joni Kollar)

6 Sessions Apr 2-May 14* SHS Room 1008
Monday 6:30-9:15 pm \$69

*no class Apr 16



#850 Pottery

NEW

Learn the basic hand built methods of clay building. Slab, coil and pinch pot methods will be taught with an object exemplifying each method. The final project will incorporate all hand built methods creating an architectural structure such

as an imaginary or classic shaped house. **Non-refundable materials fee of \$35 is included.** (Instructor, Patricia Crown)

8 Sessions Apr 5-May 31* SHS Room 1008
Thursday 7:00-9:00 pm \$179

*no class Apr 19

Creative Arts



#419 Basket Weaving

Learn basic weaving techniques and about the various materials used. Make a unique wine tote to start and then move on to other types of weaves. This unique, natural looking and feeling wine tote will make a great gift -- it is a more updated feel than a traditional wine basket. You can make this tote quickly with the weave and chase technique.

Materials fee of \$20 is payable to

the instructor. (Instructor, Joni Kollar)

8 Sessions Feb 28-Apr 24* **SHS Room 1008**

Tuesday 6:30-9:15 pm **\$89**

*no class Apr 17

#452 Sewing

New to sewing, just have a little experience, or have just forgotten how? In our two part course, first you will learn how to pin, cut material, layout and use a pattern, thread your machine, sew a perfect seam, and other basics. Then you will have two weeks off to practice your new techniques and work on your projects. Part Two will cover more advanced skills including how to put in zippers and use velcro for closures, make a pillow with cording, grade around curved seams, make buttonholes, hemming, and other methods used to complete your project. **Please bring your own sewing machine, cloth, and notions.** A list of required materials and local sources will be emailed to students prior to the start of classes. (Instructor, Barbara Hayden)

6 Sessions **SHS Room 1007** **Monday** **Mar 5, 12, 19, Apr 2, 9, 23*** **7:00-9:00 pm** **\$112**

*no class Mar 26, Apr 16



#455 Jewelry Making

This structured introductory course will take you through the concepts of designing as well as making attractive jewelry. Create pendants, earrings, brooches, and necklaces working with various wires, metals, semi-precious stones and beads (i.e., soldering,

wiring and buffing). **A non-refundable materials fee of \$20 is included which covers basic projects – additional fees may apply when using more expensive materials.**

(Instructor, Susan Bishop)

7 Sessions **7:00-9:30 pm** **SHS Room 1012** **\$169**

#455a **Tuesday** **Feb 28-Apr 10**

#455b **Wednesday** **Apr 25-June 6**

Creative Writing

#635 Becoming: A Creative Journaling Course

Dive into your creative spirit this winter with this unique way of journaling which fits today's lifestyle. Learn how to blend traditional paper-and-ink journaling with new technology such as blogging, apps for smart phones, and free online services. Uncover your style, your pace, and develop a flight plan for where you want to go this year! No skills needed, just an open mind to learning and trying new things. Journals remain completely private. Because of the supportive and hands-on environment, class is limited to 15 students. *Please bring blank composition notebook to the first class.* (Instructor, Kelley Taylor)

6 Sessions **Feb 29-Apr 4** **SHS Room 2057** **Wednesday** **6:30-8:30 pm** **\$69**

Kelley Taylor is an author, designer, lifestyle guide, and television personality whose work has been published online, in newspapers, magazines and books, and has been interviewed widely on TV and radio, and featured in print. Visit <http://KelleyTaylor.com> for more information about the instructor.

NEW

#431 Learn to Write Stories for Children and Teens

Would you like to write for children and/or teenagers? You may already have ideas you want to develop or stories you have written on your own, but you need guidance to polish your work. This class offers a solid basis for beginners, along with techniques to help more experienced writers improve their work. As we discuss plotting, viewpoint, characterization, dialogue, and scene development, we'll study specific examples of effective writing and practice our skills. Learn more about children's literature (and find great books for your children) as we look at well-written books for kids in our discussions about different themes and topics. Limit 10 students. (Instructor, Victoria Sherrow)

6 Sessions **Mar 14-Apr 25*** **SHS Room 2040**

Wednesday **7:00-9:00 pm** **\$119**

*no class Apr 18

#432 Write for Children and Teens: Workshop for Advanced Students

Are you ready to move forward with your writing? This workshop-style class is for those who have learned the "basics" and want to sharpen your skills and polish specific stories for children or teens. We will discuss higher-level techniques for plotting, characterization, scene development, and writing style. The focus will be on helping you to revise your work and find suitable markets. Limit 8 students. (Instructor, Victoria Sherrow)

6 Sessions **Mar 22-May 3*** **SHS Room 2040**

Thursday **7:00-9:00 pm** **\$119**

*no class Apr 19
Victoria Sherrow, has published over 80 books, as well as numerous short stories, poems, and articles. She teaches at The Institute of Children's Literature.



#094 Basic Camera Operation (Digital, Program, and Manual Cameras)

Learn to use your camera so your images are well-exposed, sharply-focused, and compositionally balanced. Subjects covered will be basic camera operation, composition relating to the photographic masters and painters of the past, the use of flash and tripod, different film speeds and quality settings, white light and color balancing, lighting as related to portraiture and still life, and tips on photographing kids, families, pets, flowers, etc. Sharing of images and visual ideas is encouraged. The instruction will emphasize the basics while promoting your individual creativity. (Instructor, John Zappala)

8 Sessions

Monday

***no class Feb 20**

Feb 6-Apr 2*

7:30-9:30 pm

SHS Room 1036

\$139

John Zappala has a degree in Graphic Design from Farmingdale State U. and a B.F.A. from St. John's. He has practiced and exhibited advertising, fashion, and corporate photography for over 15 years.

See page 20 for Photoshop Classes

#990 Developing Photographic Skills (Digital, Program, and Manual Cameras)

In photographing your favorite subjects - family, friends, pets, landscapes, portraiture or candid - you can always improve your basic skills. Learn to take better pictures, improve your knowledge of light readings, use of flash, composition, black and white versus color, different lenses, perspectives, and strategies in picture-taking. Share your photographs for an encouraging critique in which all can learn.

(Instructor, John Zappala)

8 Sessions

Feb 1-Apr 4*

SHS Room 1007

Wednesday

7:30-9:30 pm

\$139

***no class Feb 15, 22**

#960 Creating Videos from Your Photos

Create a memorable gift from holiday and family events with a custom video from your snapshots that you can share on a DVD, online, or on facebook. Create a slide show with dissolves and special effects. Bring in digital images on a flash drive. Provide a soundtrack with music on your flash drive. Class will consist of a demonstration of creating a video from Windows Movie Maker and Photoshop Elements. If you have Photoshop Elements and Movie Maker on your laptop, bring it to class! Learn how to upload your video to YouTube to share with friends! (Instructor, Alan Weaver)

Thursday • May 10

SHS Room 2034

6:30-9:30 pm

\$49

Culinary Arts

#168 Basics of Barbeque Cooking at Bobby Q's Barbeque & Grill

Join owner Bob LeRose, pitmaster Matt and their staff at Bobby Q's Restaurant here in Westport for a memorable evening! Learn the basics of barbeque cooking including valuable tips on smoking and slow cooking ribs, brisket and pulled pork -- there will be demonstrations of a variety of rub and sauce preparations as well. Sample some delicious house specialties. Impress your friends at your next barbeque! Don't wait to sign up -- space is limited! **Class held at Bobby Q's Barbeque & Grill, 42 Main Street, Westport, Ct.** Visit www.bobbyqsrestaurant.com for more information about Bob and Bobby Q's.



Tuesday

7:00-9:00 pm

\$65

#168a Apr 24

#168b May 15

#300 Perfect Pairings: Wine and Cheese

NEW

Every so often, there are pairings of cheeses and wines that go above and beyond, complimenting each other in a way that can only be described as "marriages made in heaven". Chris and Laura of the Fairfield Cheese Company, with the help of their friends at Harry's Wine and Liquor, will pair the perfect cheese with its perfect wine match and discuss the basics of pairing cheese and wine. You'll be amazed. **Class held at Fairfield Cheese Company, 2090 Post Road, Fairfield, CT. Materials fee of \$20 per person (for wine & cheese) is payable to the instructor. Space is limited so register early!**

Tuesday • March 6

7:00-9:00 pm

\$29

Chris Palumbo and Laura Downey are co-owners of Fairfield Cheese Company. Chris has been a caterer for years, has taught culinary arts at Staples High School and has extensive food experience. Laura is a graduate of Murray's Cheese University in Manhattan and has over four years of cheesemonger experience as well as an extensive retail background.

#133 Cooking With Mom/Dad (or Grandparents) and Me! (Children ages 7 & up)

Spend a Saturday morning on a culinary adventure with your child! See page 27 for details.

Baking At Sono Baking Company And Café!

Join the friendly and talented staff of John Baricelli's SoNo Baking Company for three inspirational sessions. Take home items you create. Sign up for one or more classes!

All classes meet at SoNo Baking Company, 101 South Water Street, Norwalk, CT (please arrive by 3:45 pm as class starts promptly at 4:00 pm)

#302 Decorating Royal Icing Cookies NEW

Learn decorating techniques, including mixing, outlining, flooding and decorating with royal icing. Create Valentine's Day cookies, which you will take home. Bring an apron, 3 (14") pastry bags, 3 couplers, and round pastry tips #2, #3 and #6.

Monday • Feb 6 4:00-6:00 pm \$90

#303 Basic Cake Building and Decorating NEW

Learn basic cake building techniques for creating a three layer cake, including how to split, fill, and ice the cake. You will create a cake which you will take home. The instructor will also demonstrate how to make the perfect Swiss Meringue Buttercream. Bring an apron, cake turntable, long serrated knife, icing spatulas (blade sizes: offset 4" and 8", straight 8"), 3 (14") pastry bags, 3 couplers, pastry tips: round #12, and star #18.

Monday • Mar 5 4:00-6:00 pm \$90

#304 Working with Gumpaste NEW

Learn how to use gumpaste for special cake, cupcake or cookie decorations, such as bows, ribbon roses, and 5-petal flowers. You will create gumpaste items which you will take home. Bring an apron, small rolling pin, gumpaste ball tools with foam pad, and x-acto blade knife.

Monday • Apr 23 4:00-6:00 pm \$90

#301 Pie Making with Michele of Michele's Pies! NEW

Experience pie making with the award winning pie baker, Michele Stuart of Michele's Pies in Norwalk and Westport. Michele has been featured on Food Network in her Throw-down with Bobby Flay, Today Show, Good Morning America and this past fall came out with her first cookbook, Perfect Pies. Michele has won 26 "First Places" for her pies at the National Pie Championships. Learn to make the traditional pie crust and master Michele's crimping technique. Make one of Michele's most loved pies, Apple Pie! Also learn Michele's decadent crumb topping and some other unique ways to use pie dough. And of course bring home a pie!! Enjoy a memorable night! **Materials fee of \$14 (for large pie, crumbs, etc.) is payable to the instructor. Class held at Michele's Pies, 666 Main Avenue, Norwalk, CT. Bring an apron and rolling pin.**

Tuesday 7:00-9:00 pm \$65

#301a Jan 31 (snowdate Feb 7)

#301b March 6 (snowdate March 7)

#299 Cooking with Emilie Your French Chef NEW

Join Chef Emilie, owner of "Emilie your French Chef," for hands-on adventures in French cooking. Sign up for one or more classes! Visit www.EmilieFrenchChef.com

Classes meet at SHS Room 184 \$35/per class

#299a French Macarons

Saturday • Feb 4 (snowdate Feb 11) 10:00 am-12 noon
Learn the secrets of making caramel, raspberry, chocolate and vanilla macaroons, a favorite French dessert consisting of airy almond meringue cookies pressed around a filling – go home with delicious samples! **Food fee of \$15 is payable to the instructor.**

#299b French Bread and Confitures

Saturday • March 3 (snowdate March 31) 10:00 am-12 noon
Learn how to make delicious French bread and your own strawberry, pear and peach/apricot confitures (jams)! Take home sample jars to serve or give as gifts! **Food fee of \$25 is payable to the instructor.**

#299c Quiche and Tarte Tatin

Monday • April 2 7:00-9:00 pm
Learn how to make the crust and filling for quiche and the secrets of the delicious caramelized Apple Tarte Tatin. We will prepare Bacon & Gruyere Cheese Quiche, Spinach & Salmon Quiche and the delicious Tarte Tatin. Bring home samples to share with your family for dinner! **Food fee of \$20 is payable to the instructor.**

#995 Come Cook with Me! NEW MENUS

Join Chef Alison Milwe-Grace for an enjoyable culinary experience.

Tuesday 7:00-9:00 pm SHS Room 184 \$65/per class

#995a Healthy Soup & Salad • March 6

Tomato basil soup
Butternut squash bisque
Arugula salad
Asian chicken salad

#995b 30 Minute Yummy and Healthy Dinners March 20

Learn how to make a salmon dish, chicken dish and lamb chop dish

#995c Spring Appetizers • April 10

Explore various regions of the world as we create easy to make and delicious bite size, restaurant quality appetizers!!!

Chef Grace has worked in every aspect of the food industry. Currently Chef Grace is a culinary arts chef/instructor at SHS and owner of AMG Catering and Events (www.amgcatering.com) which has been in business for over 15 years.

Please Note: The classrooms/kitchens where our cooking classes are held are NOT food allergy free classrooms/kitchens. Nuts, shellfish, etc. are used frequently.

#307 Motherhood Works™

NEW

Oscar de la Renta said, "A woman has never been so in charge of her destiny as a woman today." Motherhood in 21st century America is a journey. The choices we enjoy can be overwhelming if we do not know ourselves well or have not set a clear path. Learn to define your own needs, goals and values in order to make choices that will lead to better life satisfaction. This workshop is open to moms and aspiring moms of all ages. Remember the old saying, "If Mama ain't happy, ain't nobody happy!" Bring a journal or notebook. (Instructor, Nina Sutton)

3 Sessions Jan 28-Feb 11 SHS Room 1047
Saturday 10:00 am-12 noon \$39

Nina Sutton has extensive experience facilitating educational and support groups focusing on empowering individuals and groups to maximize their personal and professional development.



#290 Dog Obedience (for dogs at least 4 months old)

Designed to teach the owner how to train his/her dog to be a well-mannered and obedient pet. Topics include: understanding your dog;

communicating effectively; basic obedience commands-sit, down, stay, stand, come, and leash walking; and behavior modification - digging, jumping, chewing, barking, etc. Dogs must have a collar and a 6-foot leash. Limit 8. Please note: 1st session is Orientation WITHOUT dogs.

(Instructor, Heather Witt)

7 Sessions Mar 5-Apr 23* SHS Pool Lobby
Monday 6:30-7:30 pm \$135

*no class Apr 16

Heather Witt is the owner of The Complete Canine Company.

#308 How To Be Your Own Hypnotist

NEW

How many times have you set a goal and really tried but still you failed? You know what happens: you're 100% confident when you set the goal but then reality sets in and it's the same old story; you end up giving up your dream. It doesn't have to be that way! Learn how to change your life by learning how to change your thinking. In this powerful workshop you will learn how to program your mind for success using hypnosis and creative visualization. Learn how to set and achieve goals, how to break unwanted habits and how to find inner joy in everyday life. End the struggle with your old self-limiting negative programming and become the person you're meant to be. Hypnosis is the fastest and best way to change your life! (Instructor, Fern Tausig)

3 Sessions Apr 23-May 7 SHS Library
Monday 7:00-9:00 pm \$69

Fern Tausig is a Consulting Hypnotist who is certified by the National Guild of Hypnotists and the International Association of Counselors and Therapists. She has helped clients lose weight, quit smoking, eliminate bad habits, as well as fears, phobias and anxiety, and achieve healthier, happier and more productive lives, through hypnosis.

#295 Anger Management

Do you have difficulty expressing your anger in a productive way? Through discussion, and the use of charts and questionnaires, learn practical tips for expressing anger effectively and feeling less hurt or angry when people at home, at work, on the road, or in the community are uncooperative, manipulative, critical, rejecting, hostile, deceptive, or incompetent. You will also learn how to say no without feeling guilty and how to stay calm when situations are frustrating and stressful. This course is based on the instructor's book, "It's Not Personal! A Guide to Anger Management." (Instructor, Alice Katz)

6 Sessions Mar 6-Apr 10 SHS Room 2030
Tuesday 7:00-9:00 pm \$89

Alice Katz is the author of "Eating Without Guilt" and "It's Not Personal! A Guide to Anger Management". As a psychotherapist in Fairfield, she has over thirty years of experience counseling people with lifestyle, relationship or eating issues; and speaking and offering workshops at area facilities.

#207 Angels, Auras and Your Intuition

Increase awareness in your life. Learn ways to connect to your guardian angels and how to do an Angelic Healing technique. Tap into your intuition through meditation and energy exercises. Learn about energy fields around your body, how to sense your aura and how to protect yourself from negative experiences. If students choose, pure essences of organic essential oils may be used during the class. We will end with a healing meditation which can include Reiki chair healing. Join us for this insightful and stress reducing evening.

(Instructor, Gigi Benanti B.A., Certified Reiki Master)

Thursday • Apr 5 7:00-9:30 pm SHS Library \$49

Gigi Benanti, B.A. Certified Reiki Master, has been seeing Auras since childhood. She continues to attend various holistic workshops. She is an experienced Reiki teacher, offers private Reiki sessions, has been the owner of the Angelic Healing Center in Norwalk since 1995, is a Reiki volunteer therapist for Hospice Agency, and has educated thousands.

www.angelhealreiki.com



#208 Reiki Level One

Learn hands-on-healing in this first degree workshop including self-healing techniques and Reiki meditation. Reiki is a universal art of natural healing affecting the whole person in a positive way including body, emotions, mind and spirit. Dr. Oz recommends Reiki. Learn how Reiki can help you in areas of stress management, pain reduction and healing. Reiki makes an excellent supplement to other forms of healing work and is used in hospitals, hospices, churches, and spas. After completing this class, you will be a Reiki first Degree Practitioner and will receive a certificate from the instructor. Wear comfortable clothing. Non-refundable materials fee of \$18 included.

(Instructor, Gigi Benanti, B.A., Certified Reiki Master)

3 Sessions Mar 12, 19, 21 SHS Library
Mon, Mon, Wed 6:45-9:30 pm \$129

Diverse Interests

#924 How to Organize Your Home & Family NEW

- Do you feel like your home is out of control?
- Is your home being overrun by toys, sports equipment, clothes and everyday “stuff”?
- Does it seem like you are the only family member who cares?

Having an organized home is a family affair! Learn an effective plan to address how to get your home organized and keep it that way! Our discussion will cover division of labor among family members, how to get your children and spouse involved in organizing and how to make organizing fun for them! You will receive the handout “Kid Tasks for Kids of All Ages”. You don’t have to do this alone! (Instructor, Susan Lovallo)

Tuesday • Jan 31 **7:00-9:00 pm**
SHS Room 2048 **\$29**

Susan Lovallo, CPA, CPO is a Certified Public Accountant, Certified Professional Organizer and the owner of Clutter Solutions, LLC, a local company that focuses on organizing homes, offices, time and finances for individuals, families and businesses, as well as training in Quicken and QuickBooks. www.ClutterSolutions.com

#096 Beginner Bridge in the Afternoon

Learn the basics of bidding, play of the hand and defensive play. Conventions will be introduced to aid in the bidding along with instructive handouts. Bridge provides a good opportunity to create an active social life either locally, on the internet or worldwide. Join us and meet new friends as you learn the basics of this challenging game. (Instructor, Nora Tkacz)

8 Sessions **Mar 6-May 1*** **SHS Room 2033**
Tuesday **3:00-5:00 pm** **\$135/Sr \$110**
 *no class Apr 17

#194 Beginner / Advanced Beginner Bridge

This is the perfect opportunity for you to begin to learn the fascinating game of bridge or to brush up on those long forgotten rules and conventions. The beginner bridge class will introduce the language of bidding, scoring, guidelines for play, hand valuation, and some simple bridge conventions. Each class lesson will be followed by supervised play of preset hands. (Instructor, Jackie Fuchs)

8 Sessions **Jan 25-Mar 28*** **SHS Room 2033**
Wednesday **7:00-9:00 pm** **\$135/Sr \$110**
 *no class Feb 15, 22

#925 How to Organize Your Film and Digital Photos with Ease NEW

- Are your photos all jumbled away in boxes or stuffed in a drawer?
 - Do you have years’ worth of digital photos in your computer?
- Organizing photos is a common challenge. In this fun and informative class you’ll learn a 5-step system to organize your pictures so you can enjoy viewing them over and over. Whether you have five or 50 years of photos piled up and waiting, this process works wonders. Find out how to select the best albums, proper care of your photos, what to do with negatives, and much more. (Instructor, Susan Lovallo)

Thursday • Feb 9 **7:00-9:00 pm**
SHS Room 2048 **\$29**

**No registration fee
if you register online.**



#195 Intermediate Bridge

Improve your bridge skills and expand your knowledge of planning card play. The class will review simple hand valuation and bridge conventions. New conventions such as Gerber, Stayman, balancing, overcalls, doubles, and weak two bids will be introduced. Each class lesson will be followed

by supervised play of preset hands. (Instructor, Jackie Fuchs)
8 Sessions 7:00-9:00 pm SHS Room 2033 \$135/Sr \$110

#195a **Thursday** **Jan 26-Mar 22 (no class Feb 23)**
#195b **Wednesday** **Apr 11-June 6 (no class Apr 18)**

#095 Bridge – Play Of The Hand

Players with all levels of bridge experience will enjoy this course focusing on offensive and defensive play of the hand. Come ready to learn techniques to improve your play. Hands will be prepared and randomly dealt. (Instructor, Jackie Fuchs)

8 Sessions **Apr 5-May 31*** **SHS Room 2033**
Thursday **7:00-9:00 pm** **\$135/Sr. \$110**
 *no class Apr 19

Fitness • Health

#441 Zumba

Tone up, burn calories, relieve stress and have fun with Zumba, the dance based fitness program that is a great workout for women and men! In this Latin inspired cardio workout, energize your entire body as we move to the simple steps of Merengue, Salsa, Samba, Cumbia, Flamenco and more. Whether you dance for fun or exercise, you will work muscles you never knew you had. Bring a towel and water. (Instructor, Sandy Adamczyk)

#441a **12 Sessions** **Jan 26-Apr 26*** **SHS 2nd Floor Mezz.** **Thursday** **6:30-7:45 pm** **\$256**
 *no class Feb 23, Apr 19

#441b **12 Sessions** **Jan 25-Apr 25*** **SES Cafeteria** **Wednesday** **4:45-5:45 pm** **\$205**
 *no class Feb 22, Apr 18



#998 Yoga for All Levels
Looking to ESTABLISH, REVIEW, or DEEPEN your yoga practice? Add tone, flexibility and strength to your body, and peace, focus and serenity to your mind. Explore the many benefits of practicing this ancient art and science. Come experience the humor,

love and compassionate approach of Maria's teaching style. Please bring your own mat and a throw blanket.

(Instructor, Maria Vailakis-Wippick, RYT)

Thursday 6:30-7:45 pm SC* \$185/Sr \$150

#998a 10 Sessions Jan 12-Mar 22 (no class Feb 23)

#998b 10 Sessions Apr 5-June 14 (no class Apr 19)

***Westport Center for Senior Activities, 21 Imperial Ave.**

Maria Vailakis-Wippick, RYT, is a Registered Yoga Instructor, certified in Kripalu Yoga and Color Me Yoga™ for children. Maria operates the Agape Yoga Studio.

#177 Yoga ~ for Beginners and Experts Alike

A complete mind-body system for the attainment of wellness. You will learn techniques to loosen muscles that are causing tension and eliminate weaknesses that are causing pain. Leave every class feeling refreshed and at peace. All levels are welcome. Please bring a mat and towel.

(Instructor, Sandy Adamczyk)

12 Sessions

#177a Jan 23-Apr 23* SHS 2nd Floor Mezz.
Monday 6:30-7:45 pm \$215/Sr \$170

*no class Feb 20, Apr 16

#177b Jan 25-Apr 25* SES Music Room 121
Wednesday 3:30-4:30 pm \$175

*no class Feb 22, Apr 18

Sandra Adamczyk has studied Yoga for 35 years. She offers alternative positions in yoga to accommodate the need and capabilities of individual students and teaches Yoga throughout CT and NY.

PILATES MAT AND TRX CLASSES

WITH CERTIFIED INSTRUCTORS

Co-Sponsored with Pilates for Every Body • A Place for Women to Build a Stronger Center

ALL CLASSES HELD AT 177 Post Rd. West (Nash's Plaza), Westport CT

www.pilatesforeverybodywestport.com • All mats and equipment provided

If you have any question about which class is the best choice for you, please email or call before registering:
pilatesforeverybodywestport@yahoo.com
or 203•226•1924

Due To The Popularity Of These Classes,
We Strongly Urge You To Register Right Away.
Class Sizes Are Limited And Fill Quickly!

#978 Intermediate Pilates Mat Challenge

Both the Tuesday and Thursday mat classes are geared for the advanced beginner-intermediate level exerciser who has had some prior experience with the matwork. We will use a variety of small equipment and props to make the class fun, interesting, and challenging, including bands, boxes, Physio Balls, Yamuna body rolling balls, circles, the Bosu, rollers and even the TRX! Note: if you have had no prior Pilates experience we strongly recommend arranging a private session with us to familiarize yourself with the repertoire. (Instructor, Charlene Erwin - Tuesday; Alison Bricken – Thursday)

#978a 10 Sessions Feb 7-May 1*
Tuesday 10:30-11:30 am \$229
*no class Feb 21, Apr 3 & 17

#978b 10 Sessions Feb 9-May 3*
Thursday 10:30-11:30 am \$229
*no class Feb 23, Apr 5 & 19

*Schedules are subject to modification to accommodate unexpected cancellations

#965 TRX Suspension Training for Core and Strength

The TRX Suspension Trainer uses bodyweight and gravity for a strength training workout with focus on core muscles that are used in every exercise. A perfect compliment to the discipline of Pilates, TRX training gives participants an edge over conventional strength training. Every exercise in Suspension Training builds functional strength, balance and core stability all at the same time! By working with your own body weight your workout focuses on the human body as an integrated system. The benefits of Suspension Training are not just for the elite athletes, but for everyone who wants to improve their fitness level safely and rapidly with a fun and fast paced workout. Note: This class is not appropriate for those with shoulder injuries.

(Instructors, Alison Bricken and Charlene Erwin)

#965a 10 Sessions Feb 8-May 2*
Wednesday 10:30-11:30 am \$229
*no class Feb 22, Apr 4 & 18

#965b 10 Sessions Feb 10-May 4*
Friday 10:30-11:30 am \$229
*no class Feb 24, Apr 6 & 20

#182 T'ai Chi

Taijiquan (T'ai Chi Ch'uan), the highest expression of the Chinese "internal martial arts," develops awareness of the workings of both body and mind through slow movement, rounded forms, and the expression of various body energies, all of which require a combination of intention, concentration, and, ultimately, relaxation. This practice leads to strength, awareness, and general well-being. No prior background in T'ai Chi is required, and students at all levels of competence are welcome. (Instructor, Myles MacVane)

12 Sessions Jan 23-Apr 23* SHS Aud. Balcony Lobby
Monday 7:00-8:15 pm \$175/Sr \$155

*no class Feb 20, Apr 16

Myles MacVane (<http://myles.macvane.com>) has been studying and practicing t'ai chi ch'uan since 1968.

#175 Badminton ~ Coed

Looking for a great way to exercise and have fun at the same time? Beginning players as well as experienced players – this is the place to be. Meet and play with new friends. You'll leave with a new appreciation for the sport of real Badminton. Sneakers and badminton racquet required. Racquets available, if needed. (Instructor, Peter Bartush)

10 Sessions Mar 28-June 6* SHS Gym
Wednesday 7:30-9:30 pm \$125

*no class Apr 18

#141 Tennis for Adults

Forehand, backhand, serve, volley, footwork and strategy will be covered. **Beginner level** is for players who have never played before or who have never had formal instruction. **Advanced Beginner level** is for players who have completed the beginner class or have had an introduction to grips and strokes and are starting to make contact with the ball on a regular basis. **Low Intermediate** is for players starting to keep the ball in play, are learning to serve and about court positioning, and can volley. **Intermediate** is for players who can keep the ball in play consistently, can hit with some spin and can serve and volley consistently. Low student/instructor ratio. (Instructor, Greg Sansonetti)

6 Sessions May 1-June 5 Tuesday
SHS Tennis Courts \$149

#141a Beginner/Advanced Beginner 6:00-7:00 pm

#141b Low Intermediate/Intermediate 7:00-8:00 pm

#212 Intro to Fly Fishing

(For adults or children age 12 & up)

Don't believe the hype about this exciting outdoor sport – fly fishing is not the sport for the chosen few anymore. Costs have come down and barriers to entry are now non-existent. We will demystify the sport of fly fishing and get you started on this life long journey. You will learn about the history of the sport, differences between fresh/saltwater fly fishing, rod/reel weights, line differences and fly identification. We'll discuss local hot spots where you can gain access to both fresh and saltwater fly fishing opportunities in Westport. You will also receive a hands-on casting demonstration and instruction. (Instructor, Eric Johnson)

2 Sessions Apr 26 & May 3 SHS Room 188
Thursday 7:00-8:30 pm \$50

Eric Johnson is the owner of Westport Outfitters (see website at www.westportoutfitters.com). After spending nearly 10 years in corporate product development, Eric is passionate about sharing his expertise and knowledge about the exciting sport of fly fishing.

#089 The Art of Belly Dancing– An Introduction

Come to this workshop for women and discover why this ancient form of dance has recently exploded in popularity. Learn the basic movements including undulations, shimmies and graceful arm movements. Emphasis will be placed on isolations and authentic technique. The goal of this workshop is to provide a supportive environment for self-expression through dance. Occasional live drumming and optional performance opportunity at end of session party. (Instructor, Tava Naiyin)

9 Sessions Mar 1-May 3* BMS Auxiliary Gym
Thursday 7:00-8:00 pm \$172

*no class Apr 19

Tava Naiyin is a highly-regarded instructor, performer and choreographer of middle eastern (belly) dance in CT and NY. She has appeared on television and in print, with a focus on preserving the authenticity of the dance. Tava has a Masters in Counseling and uses bellydance as a tool for improving body image.

#192 Adult Swimming ~ Beginner to Advanced

Learn how to swim or how to swim well! Swimming is one of the best overall exercise methods, and there is no stress on your joints. Treat yourself to the pleasure of swimming! Teaching is to your level and your pace. For first time learners or for those brushing up on long forgotten strokes. (Instructor, Bill Evans)

6 Sessions Feb 29-Apr 4 SHS Pool
Wednesday 7:30-8:45 pm \$95/Sr \$84

#257 Organic Gardening

Do you want to learn fine organic gardening? Nick will take you through a journey on spring soil prepping, cold crop planting, starting your own organic seeds and growing healthy tomato plants. Learn how sunlight, soil, nutrients, cleanliness and proper maintenance will affect the final results -- when done correctly from the start, you can enjoy a trouble-free, environmentally sound garden for years. (Instructor, Nick Mancini)

4 Sessions March 7-28 SHS Room 1036 Wednesday 7:00-9:30 pm \$91

Nicholas Mancini is a Certified Master Gardener and former head Master Gardener of Organic Vegetables and Tree Fruit at Bartlett Arboretum. He teaches Organic Gardening at Norwalk Community College, lectures in libraries, garden clubs, and horticultural societies. He is a member of the Westport Community Garden and the Northeast Organic Farmers Association.

#258 Create Your Own Landscape Design - A Course for Beginning Gardeners

Why pay a designer when you can have the tools to create a beautiful landscape on your own? Learn the methods to create your own beautiful landscape. After receiving a design kit, you will learn to analyze garden sites, decide on pathways, structures and plantings for season-long interest. The instructor will use PowerPoint presentations, lectures and handouts to help you create designs that are uniquely your own. No drawing or gardening experience is required. Non-refundable materials fee of \$25 included. (Instructor, Cynthia Woodbyrne)

4 Sessions Mar 19-Apr 9 SHS Room 1012 Monday 7:00-9:30 pm \$116

Cynthia Woodbyrne, B.A. is a landscape designer and owner of Woodbyrne Eden Arts. Prior to training at The New York Botanical Gardens, Cynthia worked in animation for Walt Disney, Steven Spielberg, and others. She approaches design with the same storytelling disciplines she used with artists in developing feature films.

#111 Stage Your Home to Sell!

Would you like to sell your home more quickly...and at top dollar? Stage it! Staging is the process of preparing your house so it speaks emotionally to the buyer, not only by making your home look terrific but by helping the buyer envision living in the home. Enjoy this fun, interactive class! Learn some of the tricks of the trade and decide what needs to be done to make sure your home appeals to the largest number of buyers. (Instructor, Kathy Engstrom)

SHS Room 2046 \$25

#111a Tuesday • March 20 3:00-5:00 pm
#111b Tuesday • April 3 6:00-8:00 pm

Kathy Engstrom, owner of A Fresh Eye, LLC, is a real estate staging professional.

NEW

#115 Selling Your Home in Today's Market

Selling a home today is vastly different than it was in the past, requiring different strategies now that the economy is uncertain, buyers outnumber sellers, and the internet has changed everything about how real estate is bought and sold. Learn how to be a savvy and successful seller, including proper pricing strategy, presenting your home online, the role of staging, how to get buyer agents on your side, how to negotiate and much more. If you are thinking of selling anytime soon, you will enjoy this informative and interactive session. (Instructor, Evi Coghlan)

#115a Saturday • Feb 11 SHS Room 1052 \$39
9:30 am-12:00 noon
#115b Wednesday • Mar 28 SHS Room 2048 \$39
7:00-9:30 pm

Evi Coghlan is a top-producing agent with Coldwell Banker and a long-time real estate columnist for the Westport News. She is a Seniors Real Estate Specialist (SRES) as well as an expert in land valuation, hard-to-sell properties and online property marketing.

NEW

**Get the classes you want—
Register Early**

Languages

French

#131 Basic Conversational French

We will send you on a make-believe trip to France and you will learn to hold a conversation in French from the airport to your hotel, from taking a métro (subway) to getting your rental car serviced. We'll discuss the names of French dishes and how to order them. You'll be able to ask for directions to the cinema and museums. (Instructor, Nell Mednick)

10 Sessions Jan 30-Apr 9* SHS Room 2046
Monday 7:00-9:00 pm \$159/Sr \$135
***no class Feb 20**

#970 Intermediate Conversational French

This class is for those who have taken Basic Conversational French or have the equivalent experience. (Instructor, Nell Mednick)

10 Sessions Feb 1-Apr 25* SHS Room 2046
Wednesday 7:00-9:00 pm \$159/Sr \$135
***no class Feb 15, 22, Apr 18**

German

#163 Conversational German

This flexible class, which can accommodate beginners and intermediate German speakers, offers practical conversation, sayings, and culture, plus some songs, humor and folklore: a "virtual" trip to Germany! (Instructor, Joe Rodgers)

8 Sessions Mar 1- Apr 26* SHS Room 2058
Thursday 6:45-8:45 pm \$129/Sr \$109
***no class Apr 19**

Joe Rodgers is a retired UN interpreter, teacher and musician who grew up in Germany and France.

NEW

**No registration fee
if you register online.**

Italian

#134 Italian ~ Level 1

This is a beginning course in Italian. Emphasis is on comprehension, core vocabulary, grammatical structure and elementary conversation. No previous knowledge of Italian is required. (Instructor, Bill Vuono)

10 Sessions Jan 25-Apr 11* SHS Room 2028 **Wednesday** 7:00-9:00 pm **\$159/Sr \$135**
*no class Feb 15 & 22

#143 My Italian Book • Volume I – Morning or Evening Option!

This formal basic Italian language course is ideal for those who wish to learn formal Italian to use in their private life and business, through a structured grammar, reading and written format. **Includes non-refundable fee of \$25 for PART ONE for book and \$15 for recordings; and \$15 for PART TWO for recordings.** (Instructor, Lee DeMilo)

MORNING Monday 10:00 am-12:00 noon CS*

#143a PART ONE - 10 sessions
Jan 23-Apr 2 (no class Feb 20) **\$199/Sr \$175**

#143b PART TWO - 5 Sessions
Apr 23-May 21 **\$119/Sr \$109**

EVENING Monday 7:00-9:00 pm SHS Room 2048

#143c PART ONE - 10 sessions
Jan 23-Apr 2 (no class Feb 20) **\$199/Sr \$175**

#143d PART TWO - 5 Sessions
Apr 23-May 21 **\$119/Sr \$109**

#145 My Italian Book • Volume II

This intermediate-advanced Italian course is for those who wish to further their study of this beautiful language and practice discussions of topics in a written and oral format. Prerequisite: knowledge of nouns, articles, prepositions and simple tenses of the indicative mood of regular verbs. **Includes non-refundable fee of \$25 for PART ONE for book and \$15 for recordings; and \$15 for PART TWO for recordings.** (Instructor, Lee DeMilo)

Tuesday 7:00-9:00 pm SHS Room 1055

#145a PART ONE - 10 Sessions
Jan 24-Apr 10 (no class Feb 7 & 21) **\$199/Sr \$175**

#145b PART TWO - 5 Sessions
May 1-29 **\$119/Sr \$109**

#149 Italian For Seniors!

Dear Seniors, this fun, interesting Italian language course has been designed with you in mind. You will learn this beautiful, romantic language in a laid back, paced and fun atmosphere, in a group and individual activity format. Little or no grammar! Not a senior yet? You are welcome to join us! **Includes non-refundable fee of \$15 for recordings.** (Instructor, Lee DeMilo)

10 Sessions Jan 24-Apr 3 (no class Feb 21) CS*
Tuesday 10:00 am-12:00 noon **\$174/Sr \$150**

#150 Learning Italian Is Easy!

Learn and practice Italian in a fun, exciting format which includes a variety of interesting activities like paraphrasing, discussions of articles, short stories, movies, etc. while acquiring critique techniques and your own personal communication style. Little or no grammar. Bring and share your own material. Knowledge of basic Italian is a must. **Includes non-refundable fee of \$15 for recordings.** (Instructor, Lee DeMilo)

10 Sessions Jan 25-Apr 4 (no class Feb 22) CS*
Wednesday 10:00 am-12:00 noon **\$174/Sr \$150**

#147 Italian Verbs

Learning verbs can be fun! Through reading and writing of short stories and personal opinions, you will learn the structure, forms, moods, tenses, and conjugations of both regular and irregular Italian verbs so you will understand how to use verbs properly. No previous knowledge of Italian is required. **Includes non-refundable fee of \$15 for recordings.** (Instructor, Lee DeMilo)

Thursday 10:00 am-12 noon CS*

#147a PART ONE – 10 Sessions
Jan 26-Apr 5 (no class Feb 23) **\$174/Sr \$150**

#147b PART TWO – 5 Sessions
Apr 26-May 24 **\$94/Sr \$84**

#144 Italian For Tourists ~

Il passaporto, per favore! The passport, please!

Live an imaginary trip to Italy through the experience of a fictional American couple, depicted in our textbook, traveling for the first time to Italy! This is a fun course loved by many students who plan to visit Italy or just wish to learn the Italian language and culture through role plays and live interaction with native Italians at a local restaurant. No grammar. The outing is an additional expense not included in the fees. **Includes non-refundable fee of \$25 for book and \$15 for recordings.** (Instructor, Lee DeMilo)

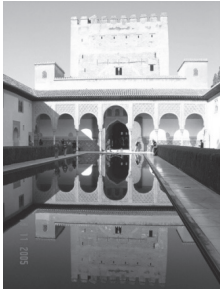
10 Sessions Jan 26-Apr 5** SHS Room 1047
Thursday 7:00-9:00 p.m. **\$199/Sr \$175**

**no class Feb 23

Lee DeMilo is a native Italian with a cultural and educational background acquired both in Italy and in the U.S. She is a graduate of Quinnipiac College and is the owner of *Lingua e Cucina™*, a private Italian language company in Silvermine which promotes the Italian language, culture, cuisine and lifestyle. For more information, visit www.linguaecucina.com

* CS Class Location is 1 Canal Street, Westport ~ Westport Public Schools - Facilities Building

Spanish



#947 Spanish for Beginners

This course provides solid syntax, grammar and vocabulary foundations. Learn essential and valuable tools to develop comprehension and communication skills. Latin American cultural issues will be discussed as well. **Cost of textbook and workbook for Spanish for Beginners and Spanish Intermediate is \$60, payable to the instructor.** (Instructor, Fernando Rincon)

10 Sessions Jan 30-Apr 9* **SHS Room 2057**
Monday 7:00-9:00 pm **\$159/Sr \$135**
 *no class Feb 20

#948 Spanish ~ Intermediate

Building on Spanish for Beginners, this course goes into more advanced grammar, speech and cultural subjects and delves into exercises aimed to gain strong conversational and writing skills. Business communications skills are likewise emphasized. **Cost of textbook and workbook for Spanish for Beginners and Spanish Intermediate is \$60, payable to the instructor.** (Instructor, Fernando Rincon)

10 Sessions Jan 24-Apr 10* **SHS Room 1051**
Tuesday 7:00-9:00 pm **\$159/Sr \$135**
 *no class Feb 7 & 21

#967 Basic Conversational Spanish

Planning a trip? Learn basic vocabulary and phrases to increase your travel pleasure! Or perhaps you have friends, family, or co-workers who speak Spanish and you feel left out? Join us! (Instructor, Horacio Ballesteros)

10 Sessions Jan 25-Apr 11* **SHS Room 1054**
Wednesday 6:45-8:45 pm **\$159/Sr \$135**
 *no class Feb 15 & 22

#969 Intermediate Conversational Spanish

This class is for those who have taken Basic Conversational Spanish or have the equivalent experience.

(Instructor, Horacio Ballesteros)
10 Sessions Jan 26-Apr 5* **SHS Room 1054**
Thursday 6:45-8:45 pm **\$159/Sr \$135**
 *no class Feb 23

#140 Curso Avanzado de Espanol

Este curso estara basado en conversacion avanzada. Usaremos eventos contemporaneos y discutiremos temas economicos, sociales, politicos y artisticos. Sera una gran oportunidad para mantener un alto nivel del Espanol hablado. Se sugiere que los participantes tengan la habilidad de mantener un ritmo avanzado del lenguaje. (Instructor, Horacio Ballesteros)

10 Sessions Jan 24-Apr 10* **SHS Room 1054**
Tuesday 6:45-8:45 pm **\$169/Sr \$139**
 *no class Feb 7 & 21

Money Matters

NOTE: Our instructors are hired to teach general concepts to groups of students, not to provide specific investment advice to individuals. Students should consult their own financial advisor or attorney before making any investment decisions based on specific examples used by our instructors.

#174 Passport to Retirement in an Uncertain Economy

Worried about when - or if - you can retire? Concerned over your current investments performance? This comprehensive educational workshop will help you get answers to important questions: How much retirement money will I need? How should I be invested given market volatility? How can I better manage my taxes? What can I do to preserve my estate for my heirs? A local estate-planning attorney will address the class in session two. A 140-page retirement workbook and a personalized retirement plan are included. (Instructor, Greg Rodiger)

2 Sessions May 1 & 8 **SHS Room 1036**
Tuesday 7:00-9:00 pm **\$39**

Greg Rodiger is a Certified Financial Planner with The Connecticut Group in Westport. He has a master's degree in financial planning, is listed in "Who's Who in Business and Industry," and has over 20 years of advisory experience. He has been teaching this course with us for over 9 years.

#143 Fundamentals of Investing

Before you invest your money, you should know what you are buying and why you are buying it! Through discussion and class materials, we will demystify the world of investing. You will come to understand the meaning of cash equivalents, bonds, stocks, mutual funds, and annuities, and how each category can work for you. This is an excellent course for learning about the basic asset classes and simple strategies for a lifetime of investing. (Instructor, Brenda Catugno)

2 Sessions Apr 4 & 11 **SHS Room 1036**
Wednesday 7:00-9:00 pm **\$29/Sr No Fee**

Brenda Catugno, ChFC, CASL, is a Vice President – Investments with Chase Investment Services Corp. in Westport. She specializes in comprehensive financial planning and portfolio management and offers a wide variety of solutions to meet clients needs. She has been teaching this course with us for 11 years.

#169 Financial Framework for Special Needs Families: Step By Step Planning for the Future

NEW

The legal and financial planning for the future of a child with special needs can be daunting for families just trying to master everyday challenges. This comprehensive workshop will go beyond one day at a time and demystify what you need to know in order to plan for your child's future life care plan. This course will enable you to develop your own family roadmap -- you will learn:

- the importance of enlisting a team of experts
- how and why to develop a special needs trust
- what are the best options to fund it
- how to compose a letter of intent
- legal ramifications
- tax guidelines for special needs families

Case studies will be also be included. Parents, guardians and grandparents are welcome. (Instructors, Stephen A. Ehrens, CPA, CLTC and Financial Advisor and Greta E. Solomon, Esq.)

SHS Room 2048 7:00-9:00 pm \$29/Sr No Fee

#169a Tuesday, March 27

#169b Tuesday, April 24

Stephen Ehrens, a CPA & Financial Advisor for Northwestern Mutual Financial Network, has extensive experience advising special needs families in the areas of special needs trusts, estate planning and long-term health care insurance. Greta Solomon, the former Treasurer of the Westport SEPTA, is a Principal and Chair of Cohen and Wolf's Trusts & Estates, Elder Law, and Tax Groups in Bridgeport and Westport.

#162 Estate Planning

This is a detailed seminar on estate planning techniques and estate administration, with an emphasis on reducing or avoiding transfer taxes and maximizing lifetime wealth. There will be an in-depth review of federal and state transfer tax laws, including what "repeal" means and what changes in the law we may see. Learn about the probate process and avoiding probate, how wills and trusts are used in estate planning, how to plan for incapacity, and the importance of re-titling assets and updating beneficiary designations. Class will also include retirement assets, gifting, Medicaid, life insurance, sophisticated planning, and more! Case studies will be included.

(Instructor, Patricia R. Beauregard, Esq.)

**3 Sessions Feb 29-Mar 14 SHS Room 2058
Wednesday 7:00-9:00 pm \$59/Sr \$39**

Patricia R. Beauregard is a partner at Pullman & Comley, LLC in the Trusts & Estates department. Her practice includes estate and tax planning, wills, trusts, probate, estate administration, trust administration, and tax exempt law, including formation of charitable entities.

#167 Social Security:

Getting the most out of your Benefits

NEW

Confused about Social Security Benefits? Topics will include: How social security benefits work and the role it should have in a retirement plan; when to start taking benefits; working and receiving benefits; and maximizing benefits along with opportunities to increase benefits throughout retirement. Guest speaker will be an expert from the Social Security Administration. (Instructor, Greg Rodiger)

Tuesday • May 15 7:00-9:00 pm SHS Room 1036 \$29

Music • Dance • Drama

#238 Beginning Guitar

The benefits of learning to play a musical instrument are well documented. You may already have a guitar in the house. Now you can learn what you need to get started ... tuning, rudimentary technique and understanding of music notation and tablature ... using familiar songs to make learning fun! Bring your own instrument (left-handed guitars are recommended for left-handed players) (Instructor, Gene Pino)

**5 Sessions Feb 28-Mar 27 SHS Room 460
Tuesday 8:00-9:00 pm \$99**

Gene Pino studied under Chuck Wayne and Linc Chamberland, attended Berklee College of Music and The Manhattan School of Music. He teaches private lessons in his Westport Studio, has been teaching guitar for 30 years and has been teaching with us for 10 years. One grad of the prestigious University of Miami School of Music says, "Gene Pino is..... by far the best teacher player, and mentor of all of them."



#240 Guitar II

In this continuation of Beginning Guitar, you will be playing songs in various styles and applying aspects and techniques started in Beginning Guitar including music notation, tablature, hand position technique, strumming, finger-picking, flat-picking, rhythms and chords. Open to students who have played in the past and would like to restart their interest and to previously enrolled participants who

enjoy playing in a group with other guitar enthusiasts and would like to review and pick up a few tips. Bring your own instrument. (Instructor, Gene Pino)

**5 Sessions Apr 24-May 22 SHS Room 460
Tuesday 8:00-9:00 pm \$99**

**No registration fee
if you register online.**

#951 Ballroom Dancing for Everyone!

This exciting class offers something for everyone. Learn fast dances, slow dances and Latin dances, like tango, swing, salsa and hustle. Perfect for any ability level. Dancing is great exercise and a proven mood lifter. Couples and singles welcome. The only requirement is come ready to dance and have fun! Smooth soled shoes are recommended.

(Instructors, Michael and Nicole Stavola)

12 Sessions **Feb 1-May 2***
Wednesday **7:00-7:45 pm** **\$180**

*no class Feb 22, Apr 18

Location is Scandinavian Club – 1351 South Pine Creek Road, Fairfield CT

Michael and Nicole Stavola are the directors of Ballroom Dancesport and CT Kids Dance. They are professionally certified and have been dancing, teaching and competing in ballroom for over 30 years. For more information about the instructors, visit www.ballroomdancesportct.com

#953 Intermediate Ballroom Dancing

Do you have some ballroom dance experience? Are you ready to move beyond the basics? Take your dancing to the next level. Designed to build on the basic concepts in all areas including footwork, timing, leading and following, you will learn new steps and variations that will add more excitement to your dancing. "Basic Ballroom Dancing for Everyone" or equivalent experience is recommended but not required. Couples and singles welcome.

(Instructors, Michael and Nicole Stavola)

12 Sessions **Feb 1-May 2***
Wednesday **7:45-8:30 pm** **\$180**

*no class Feb 22, Apr 18

Location is Scandinavian Club – 1351 South Pine Creek Road, Fairfield, CT



#283 Acting Class: Bringing Stories to Life

Join Melody James, actor-writer-director-teacher, in a relaxed, confidence-building, fun environment to exercise your imagination and the "magic IF" of acting. Enjoy improvisation, exercises for body, voice, sensory and human behavior awareness; get comfortable up in front of people, hone communication and teamwork/ensemble skills; and playing objectives. Tackle text and characters in monologues and scene study. Exercise the essential "living in the moment" with honest engagement. Experienced students mix with those new to acting. Stretch your expressiveness, spontaneity and communication skills bringing stories to life. (Instructor, Melody James)

10 Sessions **Feb 1-Apr 11*** **BMS Room 210** **Wednesday** **7:00-9:15 pm** **\$225**

*no class Feb 22

Melody James has taught theater at Vassar, Fordham, Muhlenberg, Housatonic Community College, and Playmaking Workshops throughout the USA, France, Mexico, and Canada. As a veteran company member of the Tony & Obie winning San Francisco Mime Troupe and New York's award-winning Modern Times Theater, Ms. James brings experimental and political theater techniques along with more traditional experiences with stage, film, and TV to the joy of acting and making theater for our times.

See Belly Dancing p 12 and Zumba p 10

T echnology • Computers

#131 Intro to PC Essentials

Have you had limited exposure to computers or want to improve your skills? In addition to learning the basics of understanding the Windows 7 operating system, you will receive an introduction to Office 2010 and its features. Learn how to create word processing basics, how to locate, name, and store files, how to load pictures from your digital camera onto a PC, and increase your comfort level with Internet and email by learning shortcuts and about useful websites. (Instructor, Alan Weaver)

4 Sessions **Mar 14-Apr 4** **SHS Room 2034**
Wednesday **6:30-9:00 pm** **\$119**

Alan Weaver has been teaching technology and computer classes with us for 14 years. His business, the big picture, provides computer training in Microsoft Office and Photoshop products, and website design, and marketing plans. Mr. Weaver is an adjunct professor at Housatonic Community College where he teaches computer and business courses.

#217 QuickBooks 2011

QuickBooks is the leading small business Bookkeeping software. This class is designed for the beginning QuickBooks user. The classes will cover the basics of deciding which version of QuickBooks is right for you, as well as accounting basics as it relates to QuickBooks, how to set up a company, track expenses and income. Learn how to work with lists, payroll, and reports. Time will be allocated in each class for practical hands on practice. *Class will be taught on PC's.*

(Instructor, Thomas Olson)

4 Sessions **Mar 6-27** **SHS Room 1033**
Tuesday **7:00-9:00 pm** **\$159**

**Get the classes you want—
 Register Early**

Classes will be taught on newest software programs

#117 Quicken 2011

Quicken is the leading personal finance software. It is ideally suited for the individual looking to organize their financial life. This class is designed for the beginning user and will cover the basic functions of Quicken including set-up, managing bank, credit card, and investment accounts. Learn how to record transactions, print checks, and reconcile accounts. Time will be allocated in each class for practical hands on practice. *Class will be taught on PC's.* (Instructor, Thomas Olson)

4 Sessions **Apr 4-May 2*** **SHS Room 1033**
Wednesday **7:00-9:00 pm** **\$159**
 *no class Apr 18

#121 Intro to MAC Operating System

Learn to use your Macintosh computer more efficiently and increase your productivity. Learn about the operating system, keyboard, desktop navigation, the internet, editing text, fonts, special characters, maintenance, viruses, keyboards, monitors, disks, sound and more. *Prerequisite: familiarity with the keyboard.* (Instructor, Kevin Glass)

4 Sessions **Mar 6-27** **SHS Room 1029**
Tuesday **7:00-9:00 pm** **\$95**

#637 iPad Overview: Now that I got an iPad, what can I do with it?

NEW

Are you one of the millions of lucky iPad owners? Come learn the basics of how to maximize your productivity and fun with email, the Web, managing your calendars and address book contacts, reading books and magazines, downloading and watching TV show, movies, news, listening to music, viewing and sharing your photos and so much more! Learn how to download, buy, and organize iPad apps, music, ibooks, and movies through an iTunes account. Many tips, tricks and other info that you won't want to miss! *Prerequisite: Bring your fully charged iPad.* (Instructor, Kevin Glass)

2 Sessions **7:00-9:00 pm** **SHS Room 1029**

#637a **Thursday Feb 9 & 16** **\$39**

#637b **Tuesday May 1 & 8** **\$39**

#638 iPad: Part 2

NEW

Continuing where the *iPad Overview* class ended, you will go into more depth learning about the App Store -- how to add, delete, search and find favorites as well as view videos, movies, TV shows, Podcasts, surf the internet, use maps, get directions and more. Learn to efficiently create, edit, use and search your contact list. Learn how to use iCal to create, edit, track, set alarms reminders, and share your calendar events. *Prerequisite: iPad Overview class AND bring your fully charged iPad.* (Instructor, Kevin Glass)

2 Sessions **April 10 & 24** **SHS Room 1029**
Tuesday **7:00-9:00 pm** **\$39**

#153 Intro to MS Office 2010 – 1 day workshop!

NEW

Are you about to re-enter the business world or need to brush up on your skills? Join us for a hands-on introduction to MS Office. In **Windows 7**, learn about multiple windows, resizing them, and organizing your work with folders. In **Word**, learn the basics of creating, editing, and printing documents including cut, copy, paste, margins, formatting with font and type size, mouse and shortcut keys, and spell check. In **Excel**, see how spreadsheets automate what we do on a calculator, and work with charts and graphs. In **PowerPoint**, create a mini-slide show through the use of special graphics and other features. This one day workshop will get you prepared! Snack and lunch will be provided. *Class will be taught on PCs. Prerequisite: familiarity with the mouse and the keyboard.* Students should purchase *Microsoft Office 2010 Simplified* by Kate Shoup.

(Instructor, Alan Weaver)

Wednesday • April 18

SHS Room 1033

9:00 am-5:00 pm

\$145

Don't have time for a full day workshop?? Sign up for **Class #150** which is a one night demonstration of the newer features of Office 2010. You'll get some hands-on work with Word, Excel and Powerpoint. See our website for more details.

Tuesday • May 1

SHS Room 1033

6:30-9:30 pm

\$49

#013 MS Excel 2010

Learn to design and use spreadsheets for business and home use, create formulas, functions, format, manipulate and sort data, and many more features. Discover the new features of Excel 2010. *Class will be taught on PCs. Prerequisite: familiarity with the mouse and the keyboard.* Students should purchase *Microsoft Office 2010 Simplified* by Kate Shoup.

(Instructor, Alan Weaver)

4 Sessions **Mar 12-Apr 2** **SHS Room 1033**

Monday

6:30-9:00 pm

\$149

#152 MS Word 2010

Using this easy-to-learn word processing program, learn how to create letters, resumes, reports and more. We will cover the basics of how to create, save, open, edit and print documents, including setting margins and tabs, page breaks, page numbering, varying font sizes and types, and more advanced features such as inserting tables, footnotes, images and graphics, and how to create mass mailings and labels. Develop the confidence to master the skills required during the 21st century! *Class will be taught on PCs.* (Instructor, Don Kubie)

4 Sessions

Monday

Mar 12-Apr 2

7:00-9:00 pm

SHS Room 2034

\$139



#118 MS Powerpoint 2010

Want to create impressive and effective presentations? You will learn how to create presentations, complete with graphics, charts, data linked to spreadsheets. Discover visual effects and new graphic features including SmartArt. Feel more confident in

making presentations. Create flyers and tributes for a wedding or other special event which can be printed or projected. *Class will be taught on PCs.* Students should purchase *Microsoft Office 2010 Simplified* by Kate Shoup. (Instructor, Alan Weaver)

2 Sessions **Feb 9 & 16** **SHS Room 1033**
Thursday **6:30-9:30 pm** **\$105**

#641 Social Networking and Your Business

NEW

Stay ahead of the business crowd using social networking applications like Facebook, LinkedIn® and Twitter. Maximize your business exposure and network, network, network!! Attract more visitors and customers; develop and improve customer relations by creating fans of your business. We'll review your website and/or social network presence. Discover how to create content that will be found by search engines. Learn about Google Analytics which shows traffic, key word searches to your site, and more. Class is a lecture/demonstration format, not hands-on. (Instructor, Alan Weaver)

2 Sessions **April 26 & May 3** **SHS Room 1033**
Thursday **6:30-9:00 pm** **\$69**

#642 Blogging 101

NEW

Whether you're an entrepreneur, a concerned citizen, or looking to collaborate on a project or event, a Web blog is a powerful tool for promoting a cause or communicating ideas. In this introductory course, you will explore different ways to use blogs, various blogging tools, how to effectively organize your information to get started, and how to draw interest in your blog. Learn about using WordPress to build and maintain your blog. *Prerequisite: familiarity with the internet and MS Word or equivalent.* (Instructor, Alan Weaver)

SHS Room 1033 **\$65**

#642a **2 Sessions Mar 8 & 15 Thursday 7:00-9:00 pm**

#642b **Saturday • April 14** **9:00 am-1:00 pm**



#911 Google & Beyond

There is a lot more to Google than meets the eye. Learn techniques to improve your research and which features to

avoid. Discover many of the hidden features including word processing, spreadsheets, maps, and photo retouching. Discover how you can analyze and improve traffic to your website. Discover other search engines that are less overwhelming. *Prerequisite: familiarity with the keyboard and the Internet.*

(Instructor, Alan Weaver)

Wednesday • Feb 29 **6:30-9:30 pm**
SHS Room 1033 **\$49**

#635 Facebook, Twitter & Social Networking

Social Networking sites such as Facebook, Twitter and LinkedIn let you connect to, and network with, other people, both personally and professionally. Learn what kids, parents, grandparents and businesses use the different social networking sites for and how to set up your accounts. Learn about maintaining your privacy. (Instructor, Alan Weaver)

Thursday • Apr 12 **6:30-9:00 pm**
SHS Room 1033 **\$39**

#640 Building Your Presence On LinkedIn

LinkedIn is essential to anyone with a business or who is looking to expand their business network. Learn about setting up your account, how to make it work effectively for you and receive tips on maximizing your presence.

(Instructor, Alan Weaver)

Tuesday • May 8 **6:30-9:00 pm**
SHS Room 1033 **\$39**

#062 Launching a Website

Are you self-employed or starting a new business? Do you already have a website or are you considering creating one? Learn whether this can be a do-it-yourself project or requires a professional firm. Learn about the value of SEO (search engine optimization) and what social networking may be required for your business. Class is a lecture/demonstration format, not hands-on. *Class will be taught on PCs.*

(Instructor, Alan Weaver)

Thursday • March 22 **6:30-9:30 pm**
SHS Room 2034 **\$49**

#636 Buying or Selling on Ebay

Learn how to buy and/or sell on the most popular auction site on the web. Sell your unwanted stuff and make money to buy new treasures! Don't buy retail again! Get into the bidding and have some fun! Bidding and selling strategies will be discussed. Learn about the different auction types, fees, how to write effective descriptions, shipping options, how to set up an eBay buyer and/or seller account, use PayPal payment service, upload digital images, etc. Class is a lecture format, not hands-on. (Instructor, Alan Weaver)

Wednesday • March 7 **6:30-9:30 pm**
SHS Room 2032 **\$49**

#639 Surfing for Bargains

NEW

Many of us are familiar with Amazon and other discount websites, but how savvy are you at truly saving the bucks through promotions, "discount" websites, and more? Learn how to make sure you are dealing with reputable websites, decide what deals are best, and avoid unnecessary "impulse" purchases. Free software, local vs. national retailers, and much more will be discussed. Class is a lecture/demonstration format, not hands-on. (Instructor, Alan Weaver)

Tuesday • May 15 **6:30-9:00 pm**
SHS Room 1033 **\$39**

T echnology • Computers

#619 Basic Photoshop CS5

For photographers, hobbyists, and those who want to work with digital images. Through studio experience, hands-on work, and lecture, we'll explore the ins and outs of Adobe Photoshop. Topics include: selections and project montage, layer management, scans (reflective, transparent), image manipulation, retouching, and keyboard shortcuts. *Class will be taught on PCs.*

(Instructor, Craig Burry)

5 Sessions **Feb 9-Mar 15*** **SHS Room 2034**
Thursday **7:00-9:00 pm** **\$189**

***no class Feb 23**

Craig Burry is a freelance art director and owner of Cat and Mouse Design Group. He has been teaching for Westport Continuing Education for more than 7 years.

#890 Intermediate/Advanced Photoshop CS5

Explore the complexities of digital retouching, filtering, and enhancing your photos! Learn how to eliminate scratches, blemishes, and red eye. Learn dodge, burn, saturation, adjustment levels, and curves. We'll cover backgrounds, cropping, gradations, silhouettes, and low key, mid key, and high key. Learn how Bitmapped images and Pixels compare to halftone screening. Learn important functions, tools, methodology, and vocabulary, in applying Photoshop to your field of interest. Prerequisite: basic understanding of Photoshop. *Class will be taught on PCs.* (Instructor, Craig Burry)

5 Sessions **Mar 29-May 3*** **SHS Room 2034**
Thursday **7:00-9:00 pm** **\$189**

***no class Apr 19**

E d2Go

ONLINE COURSES WITH ed2go

Westport Continuing Education has partnered with ed2go to offer a wide range of highly interactive courses that you can take entirely over the internet. Our online courses are affordable, fun, fast and convenient and are taught by expert instructors. Take courses from the comfort of your home or office at the times that are most convenient for you. You can ask questions and give or receive advice at any time during the course. Upon successful completion of the course, you will be able to download a certificate of completion. New classes are added frequently.

Among the categories of course offerings are:

Computer Applications • Internet • Networking • Web and Computer Programming • Graphic Design
Career Ideas • Personal Finance • Arts • Writing • Publishing • Health and Wellness
Job Search • Business and Management • Languages • Test Prep • Teaching and Education
Marketing • Certification Prep • Health Care • Accounting ... and much more!!

For more information about our online course offerings,
go to www.westportcontinuinged.com and click on the ed2go link.

W estport Center for Senior Activities • 21 Imperial Avenue

Please visit us online at: www.westportct.gov/senior_center

*Center Hours: Monday – Friday 8:30 am – 4:30 pm
Thursday 8:30 am – 8:00 pm
Saturday 8:30 am – 12:30 pm*

ALL CLASSES
require pre-registration and will be
filled on a first come basis.
TO REGISTER call 203-341-5099

Among the courses taught at the Center are:

- Computer Classes
- Saturday and Sunday Socials
- Movies with dinner
- Mind-Body-Spirit, Health & Healing
- Culinary Classes
- Yoga & Pilates
- Foreign Language Instruction
- Watercolor, Sculpture, Beading, Stained Glass
- Fitness Center, Strength Training, Aerobic Chair, Pilates
- Support Groups, Blood Pressure & Hearing Screening
- Meditation, Tai Chi, Yogalates
- Drawing/Watercolor
- Dance & Stretch
- Current Events
- Nutrition Education
- Core Strength Training
- College Level Courses

KID'S CLASSES follow the Westport Public School calendar. Unless otherwise noted, our classes do not meet on Westport Public School Holidays, Staff Development Days, or Shortened School Days and Elementary students do not have classes during teacher conferences, T., W. & Th., Apr 10, 11, 12

PLEASE MARK CLASS DATES ON YOUR CALENDAR! *Note that dates listed below do not take into account any unforeseen school closings.*

PLEASE BE PROMPT IN PICKING UP YOUR CHILD TO AVOID LATE FEES • Please understand that our instructors have commitments after class. Late fees will apply for children picked up more than 5 minutes after class. Late fees are: \$10 for 5 minutes after class; \$20 for each 15 minute increment thereafter.

#836 Sports and Homework Clubs (Gr. 2-5)

NEW FORMAT

Are you looking for fun and excitement after school? This is the club for you! Benefit from teacher directed homework/tutoring sessions for 20 minutes and then enjoy fun filled sports and activities! Play sports and activities such as basketball, soccer, flag football, wiffle-ball, kickball, capture the flag and much more! Gain a strong sense of satisfaction and achievement in a non-competitive atmosphere. Develop physical skills, do your homework, meet new friends and have fun participating! Be a part of our team this school year!

8 Sessions

Thursdays

WINTER Jan 19-Mar 15 (no class Feb 23)

#836g SES Room 153 & Gym (Andrew McLoughlin) 3:00-5:00 pm \$239

#836h GFS Room 204 & Gym (Jon Herbst) 3:00-5:00 pm \$239

#836i LLS Room 9 & Gym (Melanie Carroll) 3:25-5:00 pm \$195

#836j CES Library & Gym (Mandy Pun) 3:40-5:00 pm \$169

SPRING Mar 29-May 31 (no class Apr 12 & 19)

#836k SES Room 153 & Gym (Andrew McLoughlin) 3:00-5:00 pm \$239

#836l GFS Room 204 & Gym (Jon Herbst) 3:00-5:00 pm \$239

#836m LLS Room 9 & Gym (Melanie Carroll) 3:25-5:00 pm \$195

#836n CES Library & Gym (Mandy Pun) 3:40-5:00 pm \$169

KHS Students
see note below
*

Sign up for both sessions **NOW**
so you do not forget
or get closed out!

* KHS Students can join the Sports and Homework Club or Just Sports at SES for \$195 Call our office to register (203-341-1209)

#840 Just Sports (Gr. 2-5)

Join us for sports and activities! Participate in games such as proball, pirates gold, sink the ship, crossover, pinball, basketball, wiffleball, team handball, kickball, tag games, scooters, volleyball, badminton, floor hockey and much more! Make new friends, have fun in a safe environment and improve your sports skills and fitness.

New
Locations

WINTER 8 Sessions Tuesday Jan 17-Mar 13 (no class Feb 21)

#840e SES Gym (Andrew McLoughlin) 3:00-5:00 pm \$239

#840f GFS Gym (Don Savage) 3:00-5:00 pm \$239

#840g CES Gym (Mandy Pun) 3:40-5:00 pm \$169

SPRING 8 Sessions Tuesday Mar 27-May 29 (no class Apr 10 & 17)

#840h SES Gym (Andrew McLoughlin) 3:00-5:00 pm \$239

#840i GFS Gym (Don Savage) 3:00-5:00 pm \$239

#840j CES Gym (Mandy Pun) 3:40-5:00 pm \$169

WINTER 8 Sessions Wednesday Jan 18-Mar 14 (no class Feb 22)

#840k SES Gym (Jason Bedient) 3:00-5:00 pm \$239

#840l LLS Gym (Melanie Carroll) 3:25-5:00 pm \$195

SPRING 8 Sessions Wednesday Mar 28-May 30 (no class Apr 11 & 18)

#840m SES Gym (Jason Bedient) 3:00-5:00 pm \$239

#840n LLS Gym (Melanie Carroll) 3:25-5:00 pm \$195

WINTER 8 Sessions Friday Jan 20-Mar 16 (no class Feb 24)

#840o SES Gym (Andrew McLoughlin) 3:00-5:00 pm \$239

#840p GFS Gym (Savage and Herbst) 3:00-5:00 pm \$239

SPRING 8 Sessions Friday Mar 30-June 1 (no class Apr 6 & 20)

#840q SES Gym (Andrew McLoughlin) 3:00-5:00 pm \$239

#840r GFS Gym (Savage and Herbst) 3:00-5:00 pm \$239

KHS Students
see note above
*

Sign up for both sessions
NOW
so you do not forget
or get closed out!

Kindergarten Tennis with Connie Goodman

- Smaller **QuickStart** courts, smaller racquets, low-compression balls
- Eye-hand coordination, ball handling, court familiarity, movement/agility
- General physical fitness and pre-tennis exercises perfect for young beginners
- Supervised by Professional Tennis Registry (PTR) certified instructor with special training in “pre-tennis fun” for kindergarten-aged children

#828a	Tues, Jan 10-Feb 14	4:00-5:00 pm	SES gym	6 Sessions-\$220
#828b	Thurs, Jan 12-Feb 16	4:00-5:00 pm	SES gym	6 Sessions-\$220
#828c	Tues, Mar 6-Apr 10	4:00-5:00 pm	SES gym	6 Sessions-\$220
#828d	Thurs, Mar 8-Apr 12	4:00-5:00 pm	SES gym	6 Sessions-\$220
#828e	Tues, Apr 24-June 5	4:00-5:00 pm	SES gym	7 Sessions-\$255
#828f	Thurs, Apr 26-June 7	4:00-5:00 pm	SES gym	7 Sessions-\$255

Tennis for Grades 1-5 with Connie Goodman

- **QuickStart Tennis** – a new and better approach to introducing kids to the game
- Smaller courts, smaller racquets, lower-compression balls
- Allows kids time to get to the ball and helps them develop proper swing patterns
- More fun and less frustration!

Grades 1-2

#321A2	Mon, Jan 9-Feb 13 (no class Jan 16)	4:00-5:00 pm	GFS gym	5 Sessions-\$185
#321B2	Wed, Jan 11-Feb 15	4:00-5:00 pm	SES gym	6 Sessions-\$220
#321C2	Fri, Jan 13-Feb 17	4:00-5:00 pm	BMS gym	6 Sessions-\$220
#323A2	Mon, Mar 12-Apr 9	4:00-5:00 pm	GFS gym	5 Sessions-\$185
#323B2	Wed, Mar 7-Apr 11	4:00-5:00 pm	SES gym	6 Sessions-\$220
#323C2	Fri, Mar 9-Apr 13 (no class Apr 6)	4:00-5:00 pm	BMS gym	5 Sessions-\$185
#324A2	Mon, Apr 23-June 4 (no class May 28)	4:00-5:00 pm	GFS gym	6 Sessions-\$220
#324B2	Wed, Apr 25-June 6	4:00-5:00 pm	SES gym	7 Sessions-\$255
#324C2	Fri, Apr 27-June 8	4:00-5:00 pm	BMS gym	7 Sessions-\$255

Grades 3-5

#321A3	Mon, Jan 9-Feb 13 (no class Jan 16)	5:00-6:00 pm	GFS gym	5 Sessions-\$185
#321B3	Wed, Jan 11-Feb 15	5:00-6:00 pm	SES gym	6 Sessions-\$220
#321C3	Fri, Jan 13-Feb 17	5:00-6:00 pm	BMS gym	6 Sessions-\$220
#323A3	Mon, Mar 12-Apr 9	5:00-6:00 pm	GFS gym	5 Sessions-\$185
#323B3	Wed, Mar 7-Apr 11	5:00-6:00 pm	SES gym	6 Sessions-\$220
#323C3	Fri, Mar 9-Apr 13 (no class Apr 6)	5:00-6:00 pm	BMS gym	5 Sessions-\$185
#324A3	Mon, Apr 23-June 4 (no class May 28)	5:00-6:00 pm	GFS gym	6 Sessions-\$220
#324B3	Wed, Apr 25-June 6	5:00-6:00 pm	SES gym	7 Sessions-\$255
#324C3	Fri, Apr 27-June 8	5:00-6:00 pm	BMS gym	7 Sessions-\$255

Tennis for Grades 6-8 with Connie Goodman

- Beginners and intermediate players
- Cover all the basics -- grip, footwork, strokes, rules, strategy and court etiquette
- Limited enrollment, low student/pro ratio, personalized attention
- Opportunity to hit hundreds of balls

#321C1	Fri, Jan 13-Feb 17	3:00-4:00 pm	BMS gym	6 Sessions-\$220
#323C1	Fri, Mar 9-Apr 13 (no class Apr 6)	3:00-4:00 pm	BMS gym	5 Sessions-\$185
#324C1	Fri, Apr 27-June 8	3:00-4:00 pm	BMS gym	7 Sessions-\$255

#306 TGA Premier Junior Golf (Gr. 1-2, 3 & up)

Learn how to play golf in a safe and fun environment. Learn swing fundamentals along with basic rules and etiquette. This TGA Golf Enrichment Program is designed to develop each child's passion for golf while developing and improving their motor skills and coordination, helping with focus and concentration, and boosting self confidence. All golf equipment is provided including softer practice balls. Over time TGA's 5-level-program will advance children through all aspects of the game and prepare them to go out and play on the course. New and returning students welcome! (Instructor, Total Golf Adventures (TGA) of Fairfield, <http://fairfield.golftga.com>)

WINTER 8 Sessions SES \$235; all other schools \$189

#306f	Monday	Jan 23-Mar 26 (no class Feb 20, 27)	SES Gym	3:05-4:20 pm
#306g	Tuesday	Jan 24-Mar 20 (no class Feb 21)	LLS Gym	3:25-4:25 pm
#306h	Wednesday	Jan 25-Mar 21 (no class Feb 22)	GFS Gym	3:05-4:05 pm
#306i	Friday	Jan 27-Mar 23 (no class Feb 24)	CES Gym	3:40-4:40 pm

SPRING 6 Sessions SES \$179 ; all other schools \$145

#306k	Monday	Apr 9-May 21 (no class Apr 16)	SES Gym	3:05-4:20 pm
#306l	Tuesday	Apr 3-May 22 (no class Apr 10, 17)	LLS Gym	3:25-4:25 pm
#306m	Wednesday	Apr 4-May 23 (no class Apr 11, 18)	GFS Gym	3:05-4:05 pm
#306n	Friday	Apr 13-May 25 (no class Apr 20)	CES Gym	3:40-4:40 pm

KHS Students can join in program at SES at 3:20 and enjoy an hour of Golf for \$189 for winter session and \$145 for spring session (register for #306j for winter and #306o for spring session)

#984 Badminton (Gr. 4 & up)

Come learn this fun and exciting fast paced Olympic sport. This is the real sport. Beginners to advanced players welcome. Meet and play with new friends, get exercise and have lots of fun. Sneakers and badminton racquets required. Racquets available if needed. (Instructor, Peter Bartush)

10 Sessions Mar 28-June 6* BMS Gym \$89
Wednesday 4:30-6:00 pm

*class will be held Apr 11; no class Apr 18

Why take our after school programs?

- fun, stimulating & relaxing classes
- safe environment
- all staff have passed background checks

#844 Baseball World (Gr. K-3)

Learn and practice the fundamental skills, drills and strategies of baseball. Coach Diaco will focus on all aspects of the game of baseball and will hold a chalk talk session on life skills, sportsmanship and teamwork. (Instructor, Vince Diaco, certified physical education teacher and director of Baseball World)

9 Sessions Jan 27-Mar 30* LLS Gym \$115
Friday 3:25-4:25 pm
 *no class Feb 24

#351 Bantam Boys Lacrosse (Gr. 3-5)

This class is for novice lacrosse players with a minimum of 1 year experience. Throwing, catching, cradling, and shooting are all skills to be mastered. Session begins Jan 5.

#351 Little Stix Lacrosse (boys and girls Gr. K-2)

An introduction in which children will learn to pass and cradle while having a safe experience. We stress fun. Session begins Jan 5. (Non-contact)

Classes will be held on Thursdays at Long Lots and Tuesdays at Saugatuck.

For more information or to register, call Gilman Lacrosse (203) 544-7597

#303 Kempo Karate (Gr. K-5)

Through highly successful teaching techniques that incorporate character building philosophies with traditional martial arts training methods, you will learn to understand and use martial arts to develop self discipline, self control, and respect for others. Learn a series of punches, kicks, and blocks in a fun yet controlled environment. Martial arts concepts will be used to build your confidence while improving your focus, self-discipline and respect for others. No contact or fighting involved. White, Yellow, and Orange belt material will be covered. Wear comfortable clothes and gym shoes -- you will receive a white belt. Students will have option to purchase a GI (uniform pants and shirt for \$42) and to test for belt advancement at the Kempo Academy of Martial Arts studio in Westport at the conclusion of the program (test fee is \$45). All students must submit a completed waiver form to our office prior to the first class meeting; the form is available in our office and on our website (Instructor, Sensei Douglas DeBarger, Kempo Academy of Martial Arts www.kempokaratect.com)

10 Sessions SES \$175; all other schools \$139

#303e	Monday	Jan 23-Apr 9 (no class Feb 20 & 27)	CES Gym	3:40-4:40 pm
#303f	Tuesday	Jan 24-Apr 3 (no class Feb 21)	LLS Gym	3:25-4:25 pm
#303g	Wednesday	Jan 25-Apr 4 (no class Feb 22)	GFS Gym	3:05-4:05 pm
#303h	Friday	Jan 20-Mar 30 (no class Feb 24)	SES Cafeteria	3:05-4:20 pm

KHS Students can join in program at SES at 3:20 and enjoy an hour of Karate for \$139 (register for #303i).

#403 Kids Fitness Dance Workout (Gr. 2-5)

Take an ideal break from the day's routine with this fitness/dance workout class. Learn two 5 minute workouts, two 10 minute workouts, plus a brief "healthy" message at the end of every exercise segment. Each workout teaches moves from a different genre:

- Hip & Happening Cardio Funk
- Drum Beating, Foot Stomping African, Samba Reggae Dances
- Shimmy, Shaking, & Loving Latin
- Heart Pounding, Arms Pumping Aerobic Dance

Develop physical abilities, build self esteem, body awareness and have lots of fun. Wear sneakers, bring water and a towel. (Instructor, Sandy Adamczyk)

12 Sessions **\$175**

#403a Mon Jan 23-Apr 30 (no class Feb 20, 27, Apr 16)
LLS Gym 3:25-4:25 pm

#403b Tues Jan 24-May 1 (no class Feb 21, Apr 10, 17)
GFS Music Room 3:05-4:05 pm

#886 Yoga (Gr. 6 & up, 9 & up)

Yoga promotes unification of the body and mind. Gain strength, flexibility, balance and coordination. Develop the ability to look within, think for yourself and trust the knowledge inside. Yoga will teach you patience, self-acceptance, breathing, relaxation and stress-relieving techniques. Build your confidence level, focus, concentration and self-esteem. Bring a towel or mat.

(Instructor, Maria Vailakis-Wippick, RYT)

#886a Gr. 6 & up **9 Sessions** **Jan 27-Mar 30***
BMS Aux Gym **Friday** **3:00-4:00 pm** **\$129**
***no class Feb 24**

#886b Gr. 9 & up **9 Sessions** **Jan 26-Mar 29***
SHS Library **Thursday** **2:30-3:30 pm** **\$129**
***no class Feb 23**

Maria Vailakis-Wippick, RYT is a Registered Yoga Instructor, certified in Kripalu Yoga and Color Me Yoga™ for Children.

Bus transportation from CMS to BMS is available through the Norwalk Transit District. Call 852-0000 for bus information

Enrichment

#520 SOS: Endangered Earth™ (Gr. K-2)

In this *Club Invention* program, the group will be challenged to save the homes of animals across the country from roving black bears to birds threatened by oil spills. Participants will think of new, clever ideas for building safe animal spaces, protect the habitat of Indiana Bats, and participate in a demonstration to clean up a simulated oil spill. Lastly, you will sketch and build new animal habitats for animals in danger of extinction. This club addresses the STEM content of Science and Engineering while working through the 21st Century Learning Outcomes. Students will think critically, solve problems, communicate, collaborate, and use creativity and innovation throughout the club. Space is limited – sign up for the waitlist if class is full as an additional class may be set up if there is sufficient enrollment. (Instructor, Holly Hellman)

5 Sessions **Feb 16-Mar 22*** **LLS Room 104**
Thursday **3:25-4:55 pm** **\$195**

***no class Feb 23**

NEW

#910 Secret Agent Lab I: Spy Academy (Gr. 1-4)

Look out 007—the Mad Science Spy Academy is in session! From decoding messages to metal detectors and night vision, you will have the opportunity to check out equipment and even create your own edible message! You will use the Secret Code Breaker to communicate stealthily, like real spies. With the Undercover Observer, you will step into the shoes of a spy in action -- the viewer allows you to observe visually, while the spy ear enhances your hearing. These tools provide a complete undercover kit for you to take home. (Instructor, Mad Science)

8 Sessions **\$199**

#910a Monday Jan 23-Mar 26 (no class Feb 20, 27)
CES Room 33 **3:40-4:40 pm**

#910b Monday Jan 23-Mar 26 (no class Feb 20, 27)
GFS Art Room **3:05-4:05 pm**

#910c Friday Jan 27-Mar 23 (no class Feb 24)
LLS Music Room **3:25-4:25 pm**

NEW



#330 Chinese for Children – Beginning

Join us and have an exciting time speaking and writing Chinese and learning about Chinese culture. Learn how to write characters, speak in Chinese, and about this rich culture through games, songs, and fun classroom handouts. The pronunciation system used is Hanyu Pinyin. This is the best time in your life to learn a new language!

(Instructor, Yen-Ting Chi)

10 Sessions **Jan 31-Apr 24*** **Tuesday**
LLS Room 6 **\$165**

#330a Gr. K-3 **3:30-4:30 pm**

#330b Gr. 4 & up **4:30-5:30 pm**

***no class Feb 21, Apr 10 & 17**

SUMMER 2012

Look for our catalog

in March!

#912 Sense-Sational Science (Gr. 1-4)

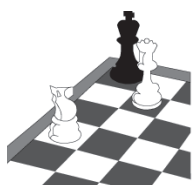
Stimulate your senses and explore the world around you as Science charges you up. Have a "hair-raising" experience. Learn the science behind making cotton candy. Color your world with a technicolor blender. Find out why you can't taste without smell. Listen closely as you travel with sound and see things before your very eyes. These sessions are sure to excite and intensify how you experience the world around you through your senses. (Instructor, Mad Science)

5 Sessions **\$125**

#912a Monday **Apr 23-May 21**
CES Room 34 **3:40-4:40 pm**

#912b Monday **Apr 23-May 21**
GFS Cafeteria **3:05-4:05 pm**

#912c Friday **Apr 27-May 25**
LLS Art Room 6 **3:25-4:25 pm**



#318 Chess Class (Gr. 1-5)

For children who are ready and able to focus on chess in a structured setting. Beginners will learn the rules, how to checkmate, see several moves ahead, and how to write down their moves.

Advanced students will learn strategy, openings, endings, and the history of the game. Limited class size.

(Instructors, National Educational Chess Association – Alex Eydelman, Sergey Kudrin, Sebastian Lazar)

WINTER 8 Sessions **SES \$185; all other schools \$145**

#318e Monday **Jan 23-Mar 26 (no class Feb 20, 27)**
SES Room 121 **3:05-4:20 pm**

#318f Wednesday **Jan 25-Mar 21 (no class Feb 22)**
CES Room 15 **3:40-4:40 pm**

#318g Friday **Jan 27-Mar 23 (no class Feb 24)**
LLS Cafeteria **3:20-4:20 pm**

SPRING 5 Sessions **SES \$115; all other schools \$95**

#318i Monday **Apr 23-May 21**
SES Room 121 **3:05-4:20 pm**

#318j Wednesday **Apr 25-May 23**
CES Room 15 **3:40-4:40 pm**

#318k Friday **Apr 27-May 25**
LLS Cafeteria **3:20-4:20 pm**

#841 Junior Genie's Magic Club ~ featuring Nisan Eventoff, internationally known Master Magician (Gr. 1-5)

Learn the secrets of the professional magician and experience the wonder of magic! In this critically acclaimed program, you'll learn presentation skills, leadership skills, and speaking skills. Build self-confidence and poise, improve body coordination and communication skills, and learn creative planning and stage presence. In addition, each week you will receive magic tricks and materials to take home with you! Students repeating this class will receive new tricks to take home and will assist as magic aides for new students. A truly MAGICAL experience awaits you! Non-refundable materials fee of \$5 per week included. (Instructor, Nisan Eventoff)

12 Sessions **\$215**

#841a Wed Jan 25-May 2 (no class Feb 22, Apr 11 & 18)
CES Room 14 **3:45-4:45 pm**

#841b Thur Jan 26-May 3 (no class Feb 23, Apr 12 & 19)
LLS Room 1 **3:30-4:30 pm**

#842 Ready, Set, Collaborate! (Gr. 2-3)

Have fun engaging in active teambuilding exercises!

During these fun activities you will learn how to work together effectively to solve various problems and challenges. You will be helping one another, asking constructive questions, and listening respectfully. These skills will help you succeed wherever you go! (Instructor, Sarah Stefans)

#842a 8 Sessions **Jan 31-Mar 27*** **GFS Room 103**
Tuesday **3:05-4:05 pm** **\$105**

*no class Feb 21

#842b 6 Sessions **Apr 24-May 29** **GFS Room 103**
Tuesday **3:05-4:05 pm** **\$79**

#523 Math-Letes (Gr. 2-4)

Do you love math? Do you like games? Join the Math-letes! We will learn and play math games that will help you improve your math skills.

(Instructors, Katie Bloom @ SES; Carey Leonard @ GFS)

8 Sessions **3:05-4:05 pm** **\$135**

#523a Thursday **Feb 2-Mar 29*** **SES Room 159**

*no class Feb 23

#523b Monday **Jan 30-Apr 2*** **GFS Room 102**

*no class Feb 20, 27

#664 Drama Club (Gr. 2-5)

Do you like acting? Have you ever dreamed of performing in front of a live audience? Join the Drama Club! This session we will work together to create our own play! We will conclude our experience with a performance in front of our family and friends. (Instructor, Katie Bloom)

12 Sessions **Jan 31-May 8*** **SES Cafeteria**
Tuesday **3:05-4:35 pm** **\$179**

*no class Feb 21, Apr 10 & 17

KHS Students can join in program at SES at 3:20

and enjoy an hour of Chess for \$145

for winter session and \$95 for spring session

(register for #318h for winter

and #318l for spring session)

#458 Exploring Art (Gr. 2-5)

NEW

Have you ever wanted to paint like Van Gogh? Or use paper cut outs like Matisse? Learn about screen printing and create like Andy Warhol? Come to the art room after school to learn about some famous artists. After exploring their techniques and styles, get your imagination going to create amazing works of art! Don't forget to bring your smock and a peanut free snack! (Instructor, Christina Crescimanno @ GFS; Mary Jo Lombardo @ CES)

#458a 10 Sessions Jan 25-Apr 4* GFS Art Room
 Wednesday 3:05-4:30 pm \$219
 *no class Feb 22

#458b 6 Sessions Mar 21-May 9* CES Art Room
 Wednesday 3:40-5:10 pm \$145
 *no class Apr 11, 18

#362 Fun with Art (Gr. 2-5)

Come to the art room and let's experiment! Using many different techniques and materials, but most importantly, your imagination, you'll create unique works of art and sculpture to express yourself and have fun! Please bring an old shirt or smock and dress for mess! (Instructor, Sarah Martin)

10 Sessions

#362a Jan 24-Apr 3* CES Art Room
 Tuesday 3:40-5:00 pm \$199
 *no class Feb 21

#362b Jan 25-Apr 4* LLS Art Room
 Wednesday 3:25-5:00 pm \$239
 *no class Feb 22

#845 Learn French (Gr. 2-5)

NEW

Studies have shown that the earlier a child is exposed to a second language, the more quickly they excel. Learn French the fun way! You will learn about French foods, songs, geography, famous buildings, as well as basic greetings, alphabet, counting, colors, and lots of vocabulary. Parlez vous Francais? Oui! (Do you speak French? Yes!) (Instructor, Diane Holskin)

8 Sessions Feb 3-Mar 30* CES Room 21
 Friday 3:40-4:40 pm \$129
 *no class Feb 24

Diane Holskin is a French teacher at Staples High School.

#843 Kids Learn French (Un Cercle Francais)! (Gr. 2-5)

Learn French in this uniquely fun and creative program. Begin speaking French and gain an insight into French culture through musical segments with French songs and folk dances, games including the popular French game Petanque, stories and more! (Instructor, Joe Rodgers)

7 Sessions Mar 26-May 14* LLS Music Room
 Monday 3:25-4:25 pm \$115
 *no class Apr 16

Joe Rodgers, who grew up in France, is a retired United Nations interpreter, teacher and musician who has won national music awards and media acclaim over the years.

#459 Fabric and Art (Gr. 3-5)

NEW

Come join us to discover how to work with fabric in art! Projects will include printing on fabric, sewing, weaving and knitting, as well as incorporating fabric within more traditional artwork. Bring a peanut free snack and be ready to experiment and have fun! (Instructor, Mary Jo Lombardo)

6 Sessions Jan 25-Mar 7* CES Art Room
 Wednesday 3:40-5:10 pm \$145
 *no class Feb 22

#521 Castles, Catapults, and Coats of Arms™ (Gr. 3-5)

NEW

In this *Club Invention* program, you will explore medieval history, art and basic scientific principles while assuming the roles of lords, knights, craftspeople, and serfs. The concept of center of gravity is explored as groups try to build the tallest tower. Learn about buoyancy as you build boats that float while carrying weight across a moat. Groups will also build a weight-bearing drawbridge and design and fabricate catapults to storm the castle walls. This club addresses the STEM Content of Science, Technology, and Engineering while addressing the 21st Century Learning Outcomes. You will think critically, solve problems, communicate, collaborate, and use creativity and innovation throughout the club. Space is limited – sign up for the waitlist if class is full as an additional class may be set up if there is sufficient enrollment. (Instructor, Phaedra Taft)

5 Sessions Feb 16-Mar 22* LLS Room 102
 Thursday 3:25-4:55 pm \$195
 *no class Feb 23

#522 Lego Computers – Learn with LEGO Build Series (Gr. 3-5)

If you like LEGOS or computers don't miss this chance to become a LEGO Technical Engineer! You will build with LEGOS and program your creations through the computer. This class promotes teamwork, collaborative learning, strategic planning, and problem solving. Most of all, children will learn by using two of the things they like best: toys and computers. Bring a peanut free snack. Hope to see you on the mission. (Instructor, Jason Bedient)

5 Sessions 3:15-4:30 pm Monday
 SES Room 300 \$65

#522a Intro to Basic ROBOlab Programming
 Jan 30-Mar 12 (no class Feb 20, 27)

#522b Mars Explorer
 Mar 26-Apr 30 (no class Apr 16)

#663 Lights, Camera, Action! (Gr. 4-6)

Learn how to create your own movies using video cameras and iMovie software. Our lessons on lighting, camera angles, sound and editing will give you the tools you need to create a movie from script to final production. All materials will be provided. Enrollment is limited.

(Instructors, Barbara Eilertsen and Becky Laus)

8 Sessions Feb 1-Mar 28 LLS TV Studio
 Wednesday 3:30-4:30 pm \$105

*no class Feb 22

#133 **Cooking – Mom/Dad (Or Grandparents) and Me!**
(Children ages 7 And up)

NEW

Spend a Saturday morning on a culinary adventure with your child or grandchild! Have fun in a professional kitchen and learn new recipes through teacher guided lessons as you prepare recipes from start to finish. Come join the adventure and get creative in the kitchen together! (Instructor, Barbara Rourke)
Saturday 10:30 am-12:30 pm SHS Room 184
\$99 per class/adult & child

#133a **Jan 21 (snowdate Jan 28)**
Phyllo triangles and Cream Puffs

#133b **Feb 11 (snowdate March 31)**
Fresh sauces for pasta

#133c **May 5**
Yeast baking - pretzels, sweet bread and other recipes

#270 **Cooking Adventures (Gr. 6-8)**

NEW MENUS

Learn about basic kitchen skills, kitchen equipment, and cooking techniques. On the menu will be breakfast, lunch, and dinner foods. We will also do some desserts and snacks. Classes will be hands on from start to finish as new techniques are introduced while building upon past skills. Returning participants will learn new recipes. Please note the kitchen contains nut products although they are not a part of our menus.

(Instructor, Barbara Rourke)
6 Sessions Mar 2-Apr 13* SHS Room 184
Friday 3:00-5:00 pm \$225
***no class Apr 6**

Barbara Rourke taught family and consumer science in Stratford. She loves teaching students to cook and to be creative in the process.

Please Note: The classrooms/kitchens where our cooking classes are held are NOT food allergy free classrooms/kitchens. Nuts, shellfish, etc. are used frequently.

#449 **Rocketry (Gr. 6-8)**

NEW

A new and exciting venture for Middle School Students -- build your own rocket from a kit, add your own unique touches, and launch your rocket at the end of the class. Making this even more unique is that you can build something and then have it do something massive -- actually launch a rocket hundreds or maybe even a thousand feet into the sky! Each week you will work on constructing your rocket with the last day dedicated to launching all the rockets. Limited enrollment, so register early! (Instructor, Lou Kitchner)

6 Sessions Feb 3-Mar 16* BMS Room 272
Friday 3:00-4:30 pm \$99
***no class Feb 24**

#676 **Young Actors Studio (Gr. 6-8)**

NEW

A workshop for those with a serious interest in acting. Learn about character development through the process of rehearsing scenes from plays and movies. Develop audition skills through monologue work. Strong focus on character, energy and technical skills. End of class performance planned. (Instructor, Dayle Brownstein)

8 Sessions Feb 2-Mar 29* BMS POD 210
Thursday 3:00-4:00 pm \$99
***no class Feb 23**

Dayle Brownstein was a Theater major and has been involved with community and professional theater since childhood.

#677 **Character Development for Actors (Gr. 6-8)**

NEW

Intensive workshop to explore the development of character in plays. Create a living, believable person who can move and engage an audience. (Instructor, Dayle Brownstein)

Saturday • Jan 21 9:00 am-12:00 noon
SHS Room 1034 \$39

#678 **Speech and Presentation Workshop (Gr. 6-8)**

NEW

Most people will have many occasions in school - and life - where there will be opportunities and challenges regarding public speaking. Get a head start with this fun and challenging workshop. Practice speech skills through presentation of short works from different genres of literature. Explore the use of speech for informative, persuasive, and extemporaneous presentation. (Instructor, Dayle Brownstein)

Saturday • Jan 28 9:00 am-12:00 noon
SHS Room 1034 \$39

#679 **Audition Skills for Actors (Gr. 6-8)**

NEW

Develop the skills necessary for a successful audition. We will work with comic and dramatic monologues. Learn how to turn "nervousness" into productive energy. (Instructor, Dayle Brownstein)

Saturday • Feb 4 9:00 am-12:00 noon
SHS Room 1034 \$39

#680 **The Actors Voice (Gr. 6-8)**

NEW

Develop vocal skills for the actor. Focus on diction, projection, and character intonation. Explore issues of speech through scene and monologue work. (Instructor, Dayle Brownstein)

Saturday • March 3 9:00 am- 12:00 noon
SHS Room 1034 \$39

Register Early!

If there are not enough registrations by the week before the class, it may be cancelled. So please register early!

#367 American Red Cross Babysitters Course (Age 11 to 15)

Learn the skills you need to be a safe and responsible babysitter! You'll learn how to care for children and infants, be a good leader and role model, make good decisions and solve problems, handle emergencies such as injuries, illnesses and household accidents, and more. Earn your Red Cross Babysitters Certification. Student must be present for entire class time to receive Babysitters Certification.

(Instructors, Gloria Allen (#367a, #367e) and Paula Lacy (#367b-d))

#367a	2 Sessions	Feb 4 & 11 (March 3 snowdate)	SHS Room 1036
	Saturday	9:00 am-12:30 pm	\$149
#367b	2 Sessions	Feb 22 & 23	SHS Room 1036
	Wed & Thur	9:00 am-12:30 pm	\$149
#367c	3 Sessions	Mar 9-23	BMS Room 235
	Friday	3:00-5:15 pm	\$149
#367d	2 Sessions	Apr 16 & 17	SHS Room 1036
	Mon & Tues	9:00 am-12:30 pm	\$149
#367e	2 Sessions	May 5 & 12	SHS Room 1036
	Saturday	9:00 am-12:30 pm	\$149

#450 Introduction to Woodworking: Building Your Own Project (Gr. 7-12)

Bring your ideas to life! Create your own unique masterpiece (instructor approved). Learn or further enhance existing woodworking skills with hands-on instruction of tools and machines. This is a great learning experience and you can advance to detailed machine work such as turning a pen on a lathe. Groups are small to allow individualized attention. Course is also open to students who have had Mr. Sansur in the past and who would like to do a more advanced project. **Non-refundable materials fee of \$35 included.** Limit 10. (Instructor, Michael Sansur)

12 Sessions **Jan 31-Mar 15*** **SHS Room 192**
Tues & Thur **3:00-4:00 pm** **\$139**
 *no class Feb 21, 23

Mr. Sansur is a Technology Education teacher at Staples High School.

**Check out our website
for new classes that are added
after the publication of this catalog**

STAYCATIONS

ON

SCHOOL BREAKS AND STAFF DEVELOPMENT DAY

**Sold Out
Last Year**

#838 Sports and Fun Adventures (Gr. 1-5)

Are you wondering what to do during your school breaks? Come join us and experience a sports camp taught by certified Physical Education teachers with twenty years of teaching experience! Participate in age appropriate activities that are safe physically, mentally and emotionally! Rock climbing, rollerblading, snowshoeing (only offered in February), tennis (only offered in April), proball, pirates gold, sink the ship, crossover, pinball, basketball, wiffleball, team handball, tag games, scooters, volleyball, badminton, floor hockey and much more! Rollerblading and snowshoeing are only offered for students in grades 3-5. Please make sure to bring drinks, peanut free snacks and lunch!

(Instructors, Gerry Mucci - Feb 27; Andrew McLoughlin and Christopher Scholz - Feb and April breaks)

Mon, Feb 27		SES Gym	5 Sessions	Mon-Fri	Apr 16-20	SES Gym
#839a	8:15 am-3:15 pm	\$45	#838d	8:15 am-3:15 pm		\$195
#839b	8:15-11:30 am	\$25	#838e	8:15-11:30 am		\$100
#839c	12:00-3:15 pm	\$25	#838f	12:00-3:15 pm		\$100
4 Sessions	Tues-Fri	Feb 21-24	SES Gym			
#838a	8:15 am-3:15 pm		\$159			
#838b	8:15-11:30 am		\$80			
#838c	12:00-3:15 pm		\$80			

Club BEDford MIDDLE SCHOOL AFTER SCHOOL PROGRAM

Join CLUB BED...the all-inclusive middle school educational after school "resort"...accommodations include homework support, refreshments, friends, sports, games, crafts, flexible hours and caring educators. At Club BED we will provide a quiet study and reading space, along with project materials. We communicate with teachers to facilitate daily, long term projects and missing work. When the homework is done we have a variety of games, crafts and activities to entertain our students. Also, First Aid and CPR Training will be offered. Club BED takes place at Bedford Middle School Room 274, Monday-Friday from 3:00-6:00 pm when school is in session.

	<u>Any 2 days</u>	<u>Any 3 days</u>	<u>4 or 5 days</u>
Any 1 week	\$40	\$60	\$80
Jan 17-Feb 10	\$150	\$220	\$275
Feb 13-Mar 16 (no class Feb 20-27)	\$150	\$220	\$275
Mar 19-Apr 13 (no class Apr 6)	\$150	\$220	\$275
Apr 23-May 18	\$150	\$220	\$275
May 21-June 15 (no class May 28)	\$150	\$220	\$275

Register by calling us at 203•341•1209

*Bus transportation from CMS to BMS
is available through the
Norwalk Transit District (203•852•0000)*

High School

#950 Practice PSAT for Staples High School Sophomores

Take a timed practice PSAT under realistic conditions. Learn about your strengths and weaknesses on this important test. Test results will be mailed to the home of the students. Limited enrollment.

Saturday • March 3 (snow date March 31)

8:30 am-12:00 noon Check in at SHS Lobby
\$40 if you sign up by Feb 17 **\$45 thereafter**

#460 Ceramics & Pottery (Gr. 9-12)

Enjoy hand-building and wheel throwing as you create functional and/or sculptural works as you are exposed to the endless possibilities of this rich and historical medium. There is something for everyone, beginners to those with experience, as you will be encouraged to follow what inspires you as you learn a solid foundation in construction techniques.

Non-refundable materials fee of \$35 included.

(Instructor, Jaclyn Jeselnik)

8 Sessions Feb 2-Mar 29* SHS Room 1008
Thursday 2:30-4:00 pm **\$179**
*no class Feb 23

NEW

**No registration fee
if you register online.**

#304 SAT Prep – Critical Reading/Writing

Prepare for the Critical Reading and Writing sections of the SAT test. Learn test-taking strategies, review fundamentals in reading comprehension, sentence completion and essay writing. Teaching strategies include large group instruction, practice exams and individual student instruction. Increase your vocabulary, learn to become a better writer and improve your SAT scores!!! (Instructor, Sarah Kinne)

5 Sessions 6:00-8:30 pm Tuesday SHS Room 1036

#304a Jan 24-Mar 6 (no class Feb 7 & 21) **\$159**

#304b Mar 20-Apr 24 (no class April 17) **\$159**

#305 SAT Prep – Math

Learn test-taking strategies, review fundamentals in arithmetic, algebra, and geometry. Teaching strategies include large group instruction, practice exams and individual student instruction. Build up your confidence and improve your SAT scores!!! (Instructor, Brian Smith)

#305a 5 Sessions Jan 26-Mar 1* SHS Room 1036
Thursday 6:00-8:30 pm **\$159**
*no class Feb 23

#305b 3 Sessions Mar 3, 31 & April 14 SHS Room 1054
Saturday 9:00 am-12:15 pm **\$125**

#305c 5 Sessions Mar 15-Apr 26* SHS Room 1036
Thursday 6:00-8:30 pm **\$159**
*no class April 5, 19

See Yoga – page 24

STATE OF CONNECTICUT DEPARTMENT OF MOTOR VEHICLES CERTIFIED DRIVER EDUCATION

Eligible students ~ 16-18 year old high school students who attend Staples High School or reside in Westport. Our affordable program is taught by experienced certified Connecticut public school administrators and teachers with over 70 years of combined experience working exclusively with Staples High School students.

**Registration/permission forms with additional details available in our office and on our website.
You cannot register online for Driver Education.**

#306 Driver and Traffic Safety Education • (1/4 credit toward graduation)

Thirty (30) hours of classroom instruction (**includes 8 hours of Safe Driving and Alcohol and Drug Education**). Course is completed only when the student has taken all 30 hours of class and a parent or legal guardian and their child have attended a 2-hour Mandatory Safe Driving Practices Class (see below). * Perfect attendance and punctuality are required.

Monday & Tuesday	SHS Room 1034	\$199
#306d Jan 23-Mar 19 (no class Feb 20, 21, 27)	3:00-5:00 pm	(MUST ALSO SIGN UP FOR #307e)
#306e Mar 5-April 30 (no class Apr 16, 17)	6:30-8:30 pm	(MUST ALSO SIGN UP FOR #307f OR #307g)
#306f Mar 26-May 15 (no class Apr 16, 17)	3:00-5:00 pm	(MUST ALSO SIGN UP FOR #307h)

Instructors: Frank Weiss (#306d, #306f) and John Horrigan (#306e)

After completing your Driver Ed class, you must come to our office to request the CS-1 Form which you will need for your road test – expect to wait 3 days to receive it.

#307 *2 Hour Parent and Child Mandatory Safe Driving Practices Classes

As part of the state-mandated 8 hour Safe Driving and Alcohol and Drug Education, a parent or legal guardian and their child must together attend one of the following sessions which must be registered for in advance. Enrollment is limited in all of these classes.

			SHS Room 1034	
#307e	Feb 15	Wed	6:00-8:00 pm	ONLY AVAILABLE TO THOSE TAKING #306d
#307f	Mar 6	Tue	6:30-8:30 pm	ONLY AVAILABLE TO THOSE TAKING #306e
#307g	Apr 14	Sat	9:30-11:30 am	ONLY AVAILABLE TO THOSE TAKING #306e
#307h	Apr 25	Wed	6:00-8:00 pm	ONLY AVAILABLE TO THOSE TAKING #306f

#304 Behind-the-Wheel Instruction (Learner's Permit required)

(Instructors, Frank Weiss, John Horrigan and Toby Watson)

\$400

Driving hours (8) are scheduled by appointment at mutually agreeable times after school and/or on weekends. Student/teacher ratio is 1/1. Begin the driving instruction well in advance of the testing date. You can begin Behind-The-Wheel instruction after you have started your 30 hours of classroom instruction. Lessons usually are scheduled for 1 hour, but may be scheduled in 1/2, 1, 1 1/2, or 2 hour increments. Instruction includes local driving in commercial and residential areas, and parking skills. Vehicles are dual-brake controlled. As a follow-up to each structured lesson, additional hours of practice driving with a parent is required by the state of Connecticut to total 40 hours of instruction. For the student who has completed the 30 hour Driver and Traffic Safety Education course, the learner's permit must be in effect for at least 120 days (180 days otherwise) before the student can take the road test to obtain a driver's license. **Please note: If a student needs to cancel a lesson, the student is responsible for contacting the instructor at least one day in advance. Failure to do so will result in the student being charged for the lesson.**

#305 Safe Driving and Alcohol and Drug Education • 8 hours • SHS • \$125

Required for home trained or private driving school trained students under 18. Call our office for the dates offered.

(Note: These hours are included in 30 hour Driver and Traffic Safety Education.)

Last Name _____

First Name _____

Today's Date _____ 2012
Month _____ Day _____

Please Check Below

- I have previously attended your program.
- My name, address or phone has changed.

WESTPORT CONTINUING EDUCATION REGISTRATION FORM • WINTER/SPRING 2012

REGISTER ONLINE

www.westportcontinuinged.com

MAIL



Westport Continuing Ed
70 North Avenue
Westport, CT 06880

FAX

203•341•1218

IN PERSON

Staples High School
Room 1040
70 North Avenue
Westport, CT 06880

PHONE

203•341•1209



Home Address _____

No. _____ Street _____

City _____ State _____ Zip _____

Work Phone _____

Home Phone _____

Cell Phone _____

Email address _____

Senior Citizen (62 or older) YES _____

★ Registrants in Grades K-12 Complete This Section: ★

Grade _____ Date of Birth _____ Age _____ School _____

Names of Parents or Guardians _____

Emergency Contact Person _____

List Health Problems _____ Allergies _____ Medications _____
Name Relationship to child

Child's Doctor's Name _____ Phone _____

REGISTRATION CONTINUED ON THE BACK OF THIS PAGE

Registration Form • Winter/Spring 2012 (continued)



Course #	Course Title	Starting Date	# of Sessions	Time	Location	Fee
Registration Fee \$10* (\$5 for Westport Seniors)						
Total						\$

Make checks payable to:

**Westport Continuing Education
70 North Avenue, Westport, CT 06880**

Refund Policy
see
inside back cover
of catalog

*Registration fees do not apply to one session courses.
Registration fees are payable once per semester.
No Registration fee for online registration.

Payment by: Check _____ # _____ MasterCard _____ VISA _____

Account # _____ Expiration Date _____ AVS _____

Print Name as it appears on the card _____

For Office Use Only

R#	
Amount	
Date	
R#	
Amount	
Date	
R#	
Amount	
Date	
R#	
Amount	
Date	

Please share your suggestions and/or comments. _____

WELCOME!

**KIDS K-12 • ADULTS
RESIDENTS • NON RESIDENTS**

REGISTER EARLY

Try to register at least one week in advance.
Classes must have sufficient enrollment.
We will notify you if your class is cancelled.

HOW TO REGISTER

- **ONLINE:** www.westportcontinuinged.com
Your registration fee is waived if you register online.
An online registration is confirmed by email.
 - **MAIL:** 70 North Avenue, Westport, CT 06880
 - **IN PERSON:** Staples High School, Room 1040
70 North Avenue, Westport, CT
 - **FAX:** 203•341•1218
 - **PHONE:** 203•341•1209
- WE ACCEPT MasterCard, VISA and checks.
PAYMENT IN FULL must accompany your registration.**
Please note that all registrations must be made in advance
– no walk-in registrations can be accepted by any instructor for
any class.

CLASS LOCATIONS

- See inside front cover for your building address.
- Schools may have events when we cannot use their facility–
check your email for class cancellations or changes.

ROOM ASSIGNMENTS FOR ADULT CLASSES

Posted nightly in the main entrance

PROGRAM COSTS

Tuition and fees for each course are listed in each course offering. Any additional books and materials will be acquired by students at their own expense.

REGISTRATION FEE OF \$10 payable only once
per catalog (**\$5 for Westport Seniors**)

- **No registration fee if you register online**
- **No registration fee if your class is only one session**

ADULT Classes will NOT meet on:

- Jan 16, Feb 7 (evening), Feb 15 (evening), Feb 20-24,
April 6, April 16-20, May 28

KIDS Classes (K-12) will NOT meet on:

- Westport Public School Holidays:
Jan 16, Feb 20-24*, April 6, April 16-20*, May 28
- Staff Development Day: **Feb 27***
(* **Except for Babysitters class and Sports and Fun**)
- Unless otherwise noted, classes for elementary
students will not meet on Teacher Conference Days:
April 10, 11, 12

INCLEMENT WEATHER/EMERGENCY CLOSING INFORMATION

- If the Westport Public Schools are closed for inclement weather or an emergency or there is an “early dismissal,” Westport Continuing Education courses are automatically cancelled. Cancellations will be announced on our website (www.westportcontinuinged.com). To find out about school closings, please listen to local radio stations (107.9 FM, 600 AM, 99.9 FM) and local news on television (News 12 CT, WTNH 8 TV, WFSB TV channel 3, WNBC channel 4, NBC channel 30).
- If inclement weather starts in the late afternoon and you are uncertain whether classes will be held, check your email for a message from our office, call our office at 203•341•1209, or check our website.

OUR REFUND POLICY

- If we cancel a course, all tuition and fees will be refunded.
- There are no refunds or credits for withdrawal from single session courses.
- If you withdraw in writing at least four weeks before the start of a program, your tuition only will be refunded less a \$25 processing fee per class.
No refunds or credits thereafter.
- Withdrawal requests must be in writing and may be emailed, faxed or mailed to us. Our email address is conted@westport.k12.ct.us

WESTPORT SENIORS (62+)

- “**Sr.\$**” indicates a reduced fee for that class.
- “**Sr. No Fee**” indicates a tuition free class.
Any other fees apply.

REGISTER ONLINE! • www.westportcontinuinged.com

**WESTPORT
CONTINUING EDUCATION**

70 North Avenue
Westport, CT 06880-2799

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Local Postal Customer**



Scan here with your smartphone
or iPhone (with appropriate app)
to go to our website

203-341-1209 • www.westportcontinuinged.com

ADULTS

Careers
Art
Culinary
Diverse Interests
Fitness
Garden
World Languages
Music
Dance
Drama
Technology



**WESTPORT
CONTINUING
EDUCATION**

**WINTER ~ SPRING
2012**

CHILDREN

Sports & Homework
Golf
Tennis
Art
Drama
Karate
Chess
Cooking
Science
SAT Prep
Drivers Ed
... and so much more

BASIC EDUCATION

Adult Basic Education (ABE)
English for Speakers of Other Languages (ESOL)
General Education Development (GED)
American Citizenship